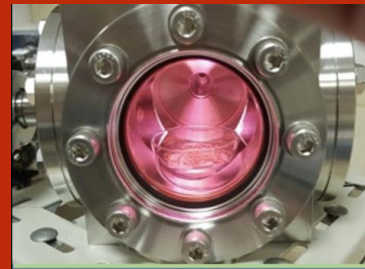


ALMA MATER STUDIORUM  
UNIVERSITÀ DI BOLOGNA



3<sup>rd</sup> TRAINING SCHOOL PIAGRI COST ACTION CA19110

“Plasma applications for smart and sustainable agriculture”

PLASMAS FOR PLANT AND FOOD PROCESSING

11-14 June 2024, Faculty of Natural Sciences, Vytautas Magnus university, Kaunas, Lithuania



# ‘Application of cold plasma for the functionalization of food ingredients’

**Prof. Silvia Tappi**

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– *Alma Mater Studiorum*, University of Bologna

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# Technological functionality: what do we intend?

Physical and chemical properties which affect the behavior of components in food systems during processing, storage, preparation, and consumption

## Fundamental in Food Formulation and innovation

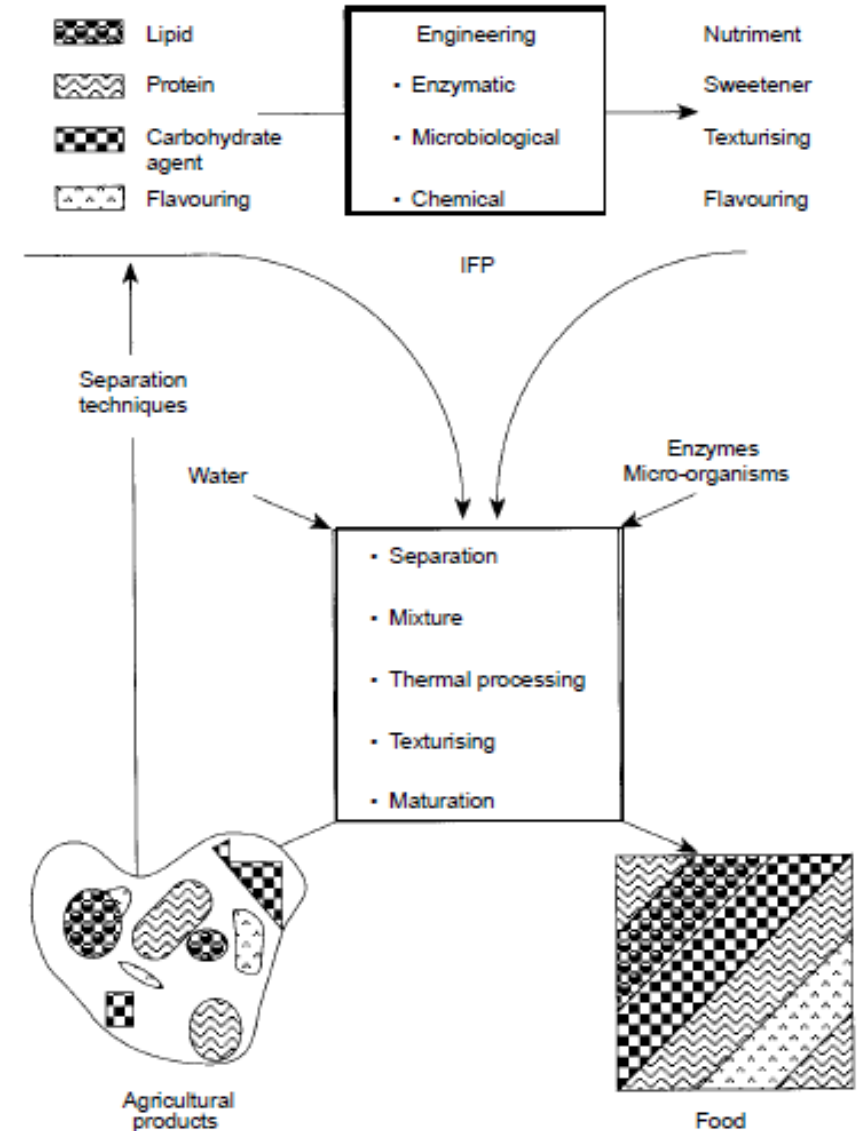
### Intermediate Food Product (IFP) concept

types of processed materials with distinct characteristics, used with increasing flexibility and with increasing refined functional properties

#### Challenge for the industry:

achieve improvements to agricultural commodity constituents that vary over time and are often difficult to store.

Eg: waste products from the food industry can become bases for new ingredients, whose constituents (e.g. casein and whey, blood, etc.) need to be refined for further uses



# Functionalities of food ingredients

- ability to bind and adsorb water,
- emulsifying capacity,
- thickening capacity,
- adhesive capacity,
- dispersive capacity,
- solubilizing capacity,
- gelling capacity,
- foaming capacity,
- ability to bind aromas
- ability to release aromas,
- sweetening capacity,
- acidifying capacity,
- flavoring capacity,
- ability to lower water activity,
- ability to raise the glass transition temperature
- antioxidant property
- antimicrobial properties

## Why modifying ingredients?

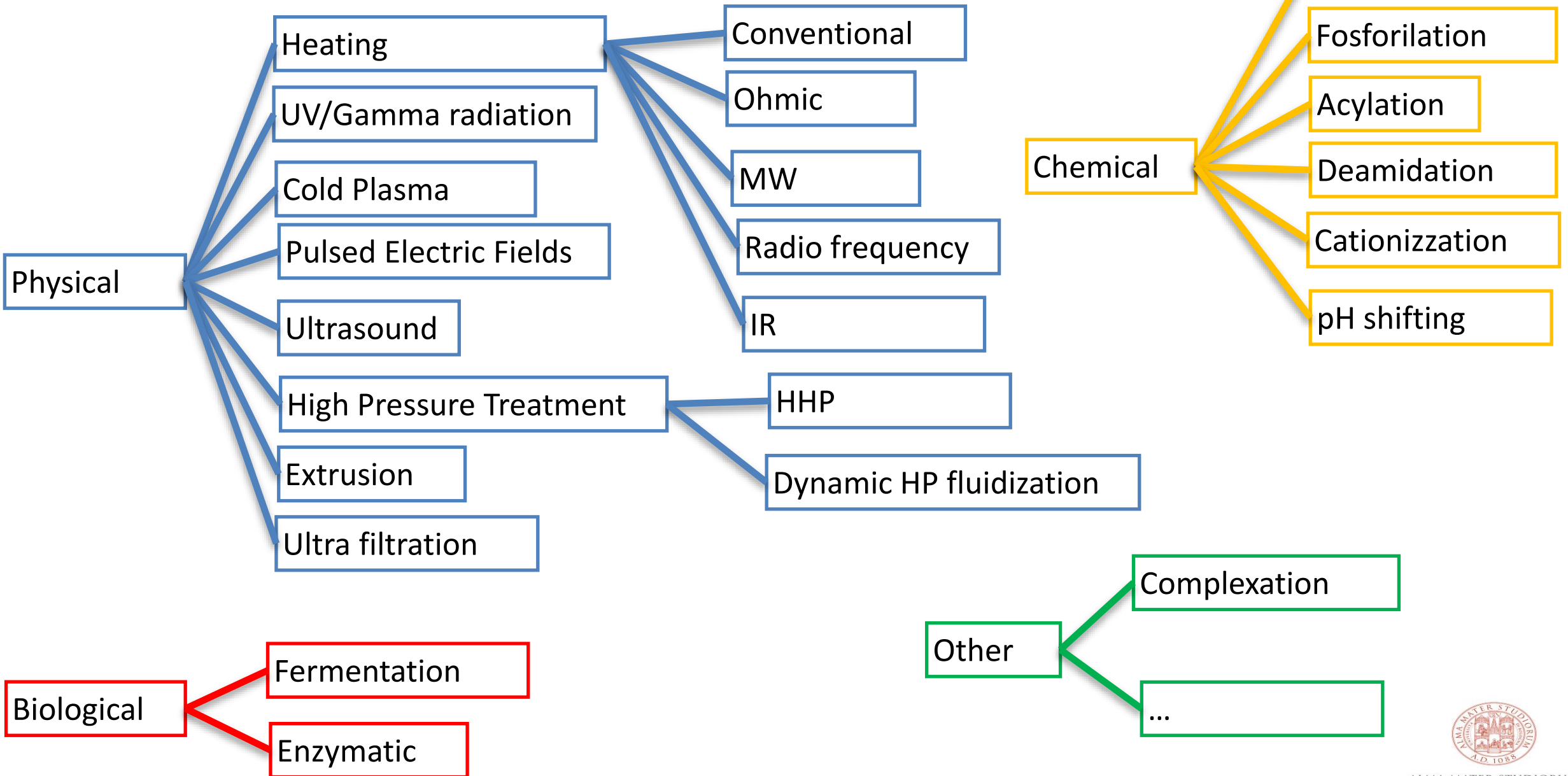
Challenges of native ingredients



Poor solubility  
High variability and low standardization  
Sensitivity to environmental stress conditions  
Poor techno-functional properties  
Undesirable flavours  
digestibility



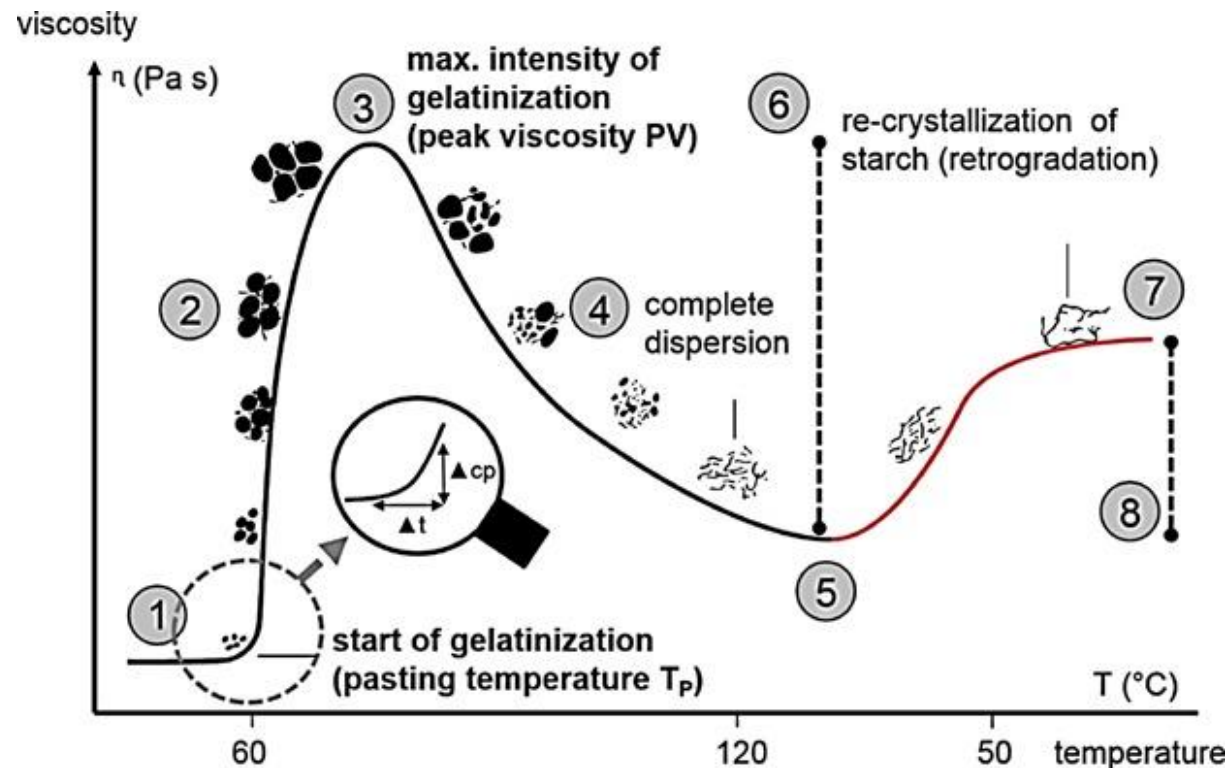
# Approaches for ingredients modification



# Starches used as ingredients

Functionalities of starches:

Thickeners, add moisture, elasticity and texture to bakery products, binding abilities, coating, development of crust in baked goods, ...

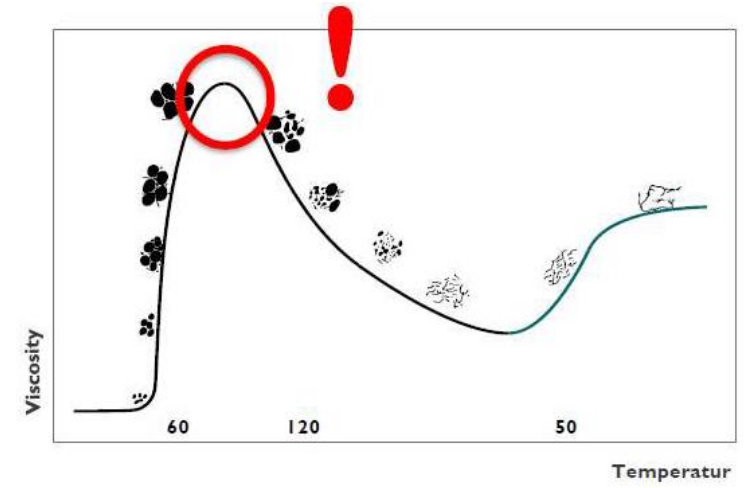
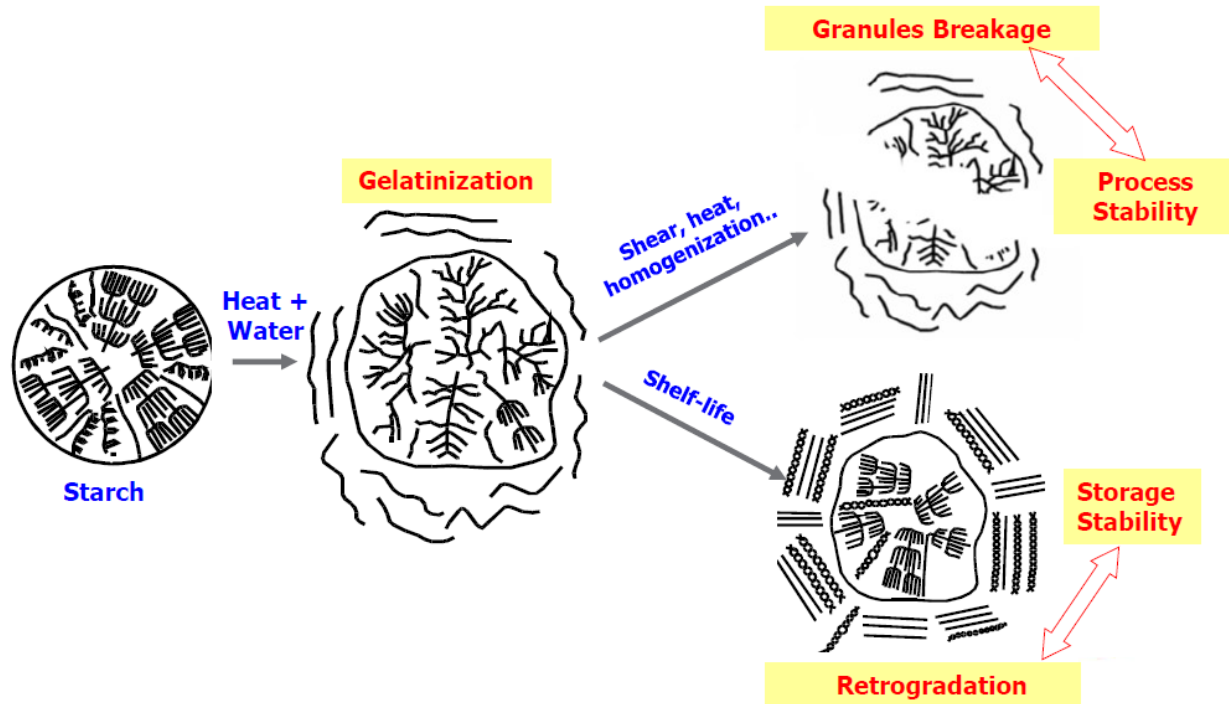


Starch gelatinization and retrogradation in relation to viscosity





# Native starches and their limitations



- Narrow peak viscosity range
- Little process tolerance
- Undesirable texture
- Poor quality of final products
- Short shelf-life stability

## 1. Process Resistance (starch granules damage)

- Heat Treatments (pasteurization, retorting, pasteurization after cooking and cooling...)
- Shear (cutters, colloid mill, homogenizers....)
- Acidic pH

## 2. Shelf-life Resistance (retrogradation/syneresis)

- Retrogradation, Syneresis, Texture changes during shelf-life
- Freeze/Thaw resistance



# Examples of modification of starches by Cold Plasma

Starch	Plasma parameters	Starch parameter	Results
Potato, corn, wheat, rice	Ethylene gas, 65 kV	Reducing sugars	Increased
Rice	Air, 40 & 60 W	Starch hydrolysis	Decreased
Potato, corn, wheat, rice	Air , 1–2 kV	Water content	Decreased
Tapioca	Argon gas, 50 W	Paste clarity	Increased
Potato, corn, wheat, rice	Oxygen gas, 65 kV	pH	Decreased
Potato	Nitrogen gas, 245 V	Retrogradation	Decreased
Rice	Air, 40 & 60 W	Swelling power	Increased
Potato, corn, wheat, rice	Air, 1–2 kV	Iodine complex	Decreased
Wheat	Oxygen gas, 800 V	Polarity	Decreased
Rice	Air, 40 & 60 W	Syneresis %	Increased

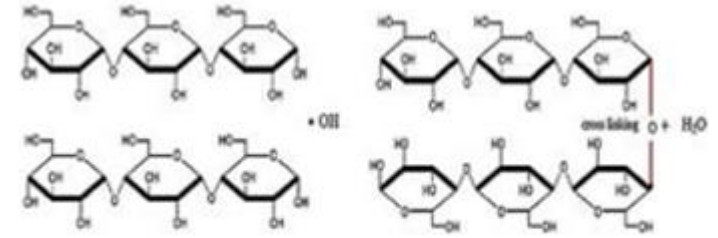
Cold Plasma: an Alternative Technology for the Starch Modification  
(Thirumdas et al., 2017)



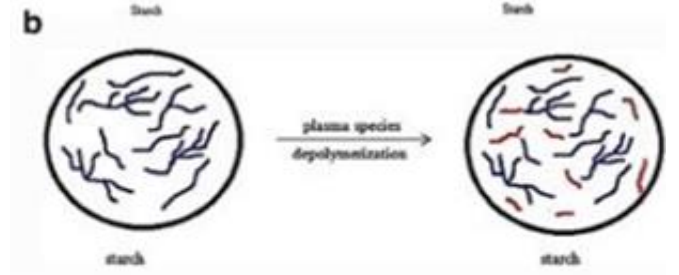


**Corn starch treatment by super-arc plasma**  
 20, 22, 24, 26, and 28 kV  
 1, 3, 5, 7, and 9 min  
 1, 2, 3, 4, and 5 g

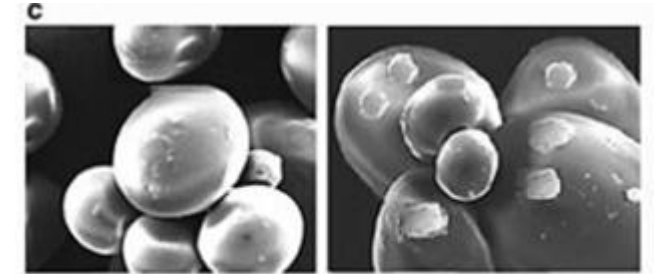
Laricheh, R., Fazel, M., & Goli, M. (2022).  
**Corn starch structurally modified with atmospheric cold-plasma and its use in mayonnaise formulation.**  
*Journal of Food Measurement and Characterization*, 1-14.



**Cross-linking of starch branched chains**



**Depolymerization**



**Etching starch granules**

Parameter	Type	Treated with cold plasma	Control
Water adsorption (%)	Starch	48.29 ± 4.25 <sup>a</sup>	27.93 ± 2.25 <sup>b</sup>
Oil absorption (%)		1.77 ± 0.19 <sup>a</sup>	1.29 ± 0.15 <sup>b</sup>
Solubility (%)		15.60 ± 0.76 <sup>a</sup>	7.94 ± 0.88 <sup>b</sup>
Stiffness (g)	Starch gel	189.47 ± 2.20 <sup>a</sup>	163.66 ± 1.15 <sup>b</sup>
Cohesiveness (-)		0.857 ± 0.02 <sup>a</sup>	0.869 ± 0.08 <sup>a</sup>
Elasticity (-)		0.922 ± 0.08 <sup>b</sup>	0.996 ± 0.05 <sup>a</sup>
Gumminess (g)		139.28 ± 2.34 <sup>b</sup>	142.28 ± 1.21 <sup>a</sup>
Resistance (g/sec)		110.05 ± 7.42 <sup>b</sup>	123.14 ± 8.45 <sup>a</sup>
Intrinsic viscosity (cp)		141.7 ± 3.20 <sup>b</sup>	185.16 ± 3.20 <sup>a</sup>





# Case study: Application of PAW for the modification of starches

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<sup>c</sup> Department of Industrial Engineering (DIN), Alma Mater Studiorum, University of Bologna, Via Terracini 24, Bologna, Italy



## Specific Objectives

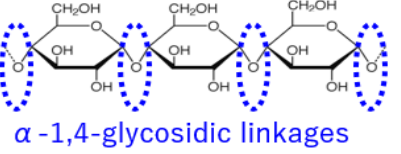
1. Effects of **Plasma Activated Water (PAW)** on Rheological, Thermal, Hydration and Pasting Properties of **Normal Maize, Waxy Maize and Potato starches**
2. Effects of Incubation Time of **Plasma Activated Water (PAW) Combined to Annealing** for the Modification of Functional Properties of Potato Starch
3. Plasma-Activated Water (PAW) and Annealing for the modification of potato starch: Effects on **Sorption Isotherms, Thermodynamic and Gelatinization Kinetics** of Potato Starch



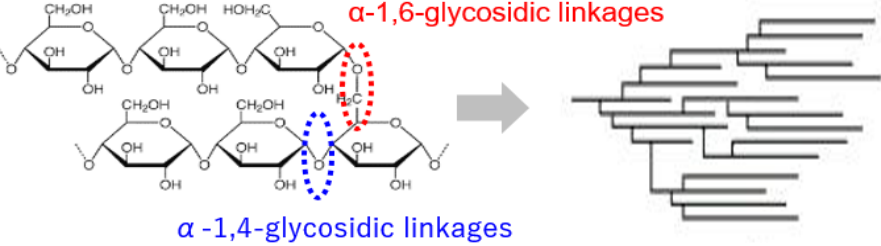
# Selection of starches



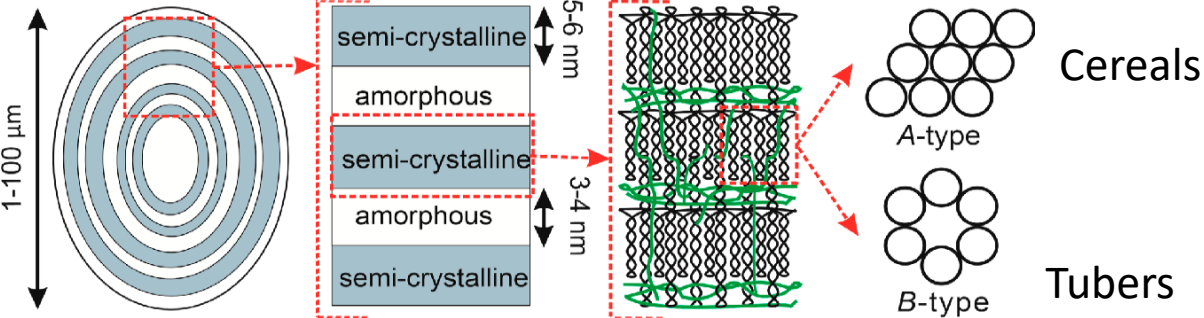
**Amylose**



**Amylopectin**



Type	Tuber	Cereals	
	Potato B type	Normal Maize A type	Waxy Maize A type
Amylose (%)	20	25	<1
Amylopectin (%)	80	75	>99
Size ( $\mu$ m)	15-100	5-26	5-26
Shape	Oval, Spherical	Round, Polygonal	Round, Polygonal



Normal potato



Normal maize

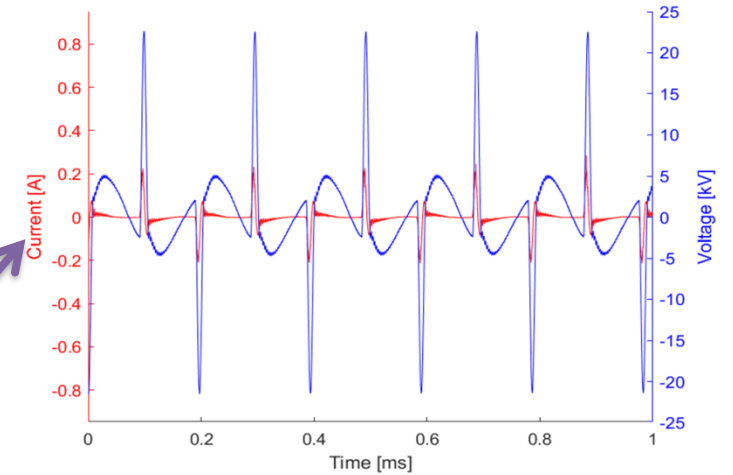
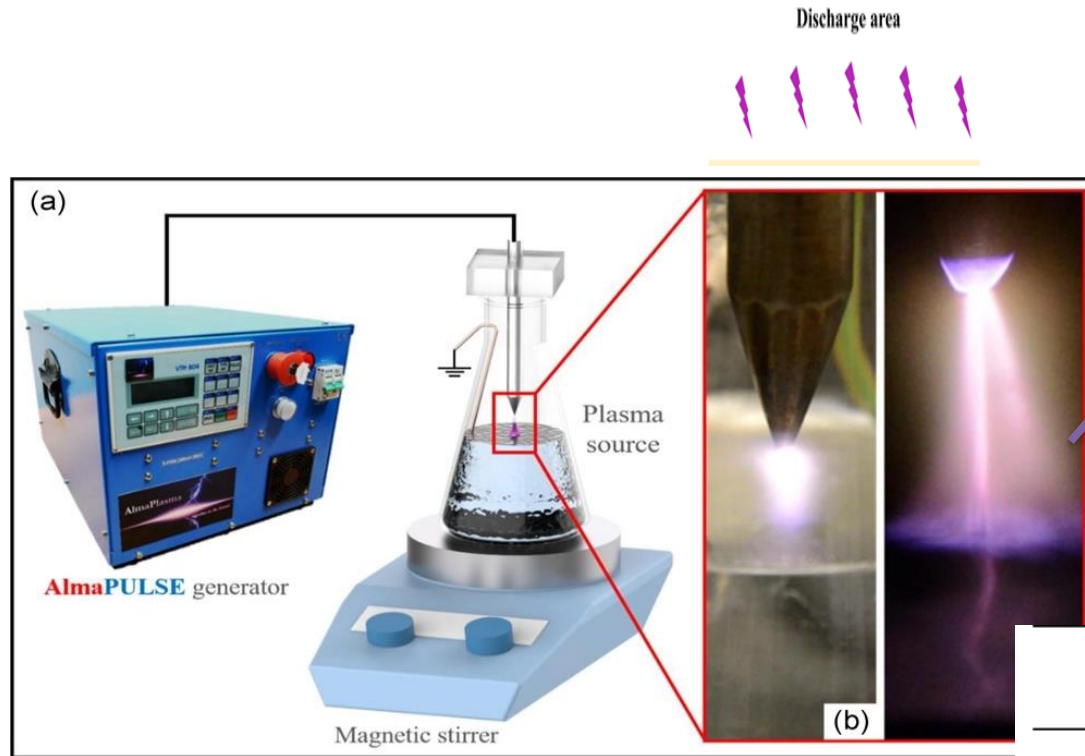


Waxy maize



## Generation of PAW

**V = 15kV**  
**f = 5kHz**  
**At = 60s**  
**VDW = 500ml**



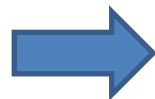
Av. Discharge power:  $167.12 \pm 12.42$  W

Sample	NO <sub>2</sub> <sup>-</sup> [mg/l]	H <sub>2</sub> O <sub>2</sub> [mg/l]	pH
DW	0	0	6.12 ± 0.05
PAW	13.98 ± 3.47	1.18 ± 0.06	3.48 ± 0.08



Starches:

- Potato
- Normal Maize
- Waxy Maize



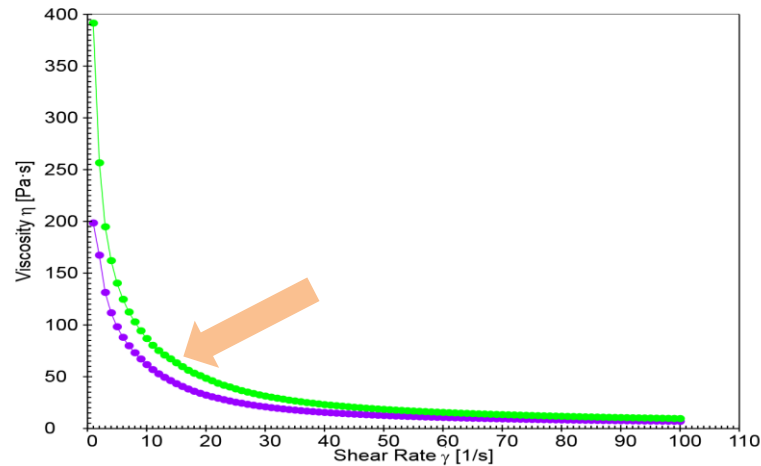
Mixture starch:water/PAW 1:2  
 Continuous mixing for 20 min  
 Drying in oven at 40°C



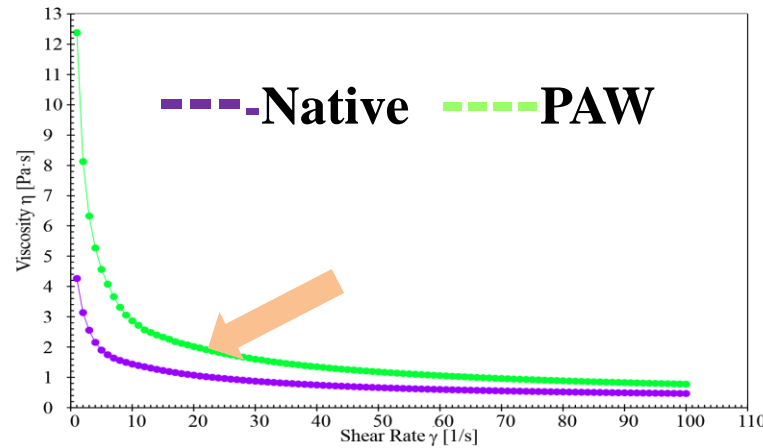
- Rheological behaviour
- Pasting Properties
- Hydration properties

## Rheological behaviour

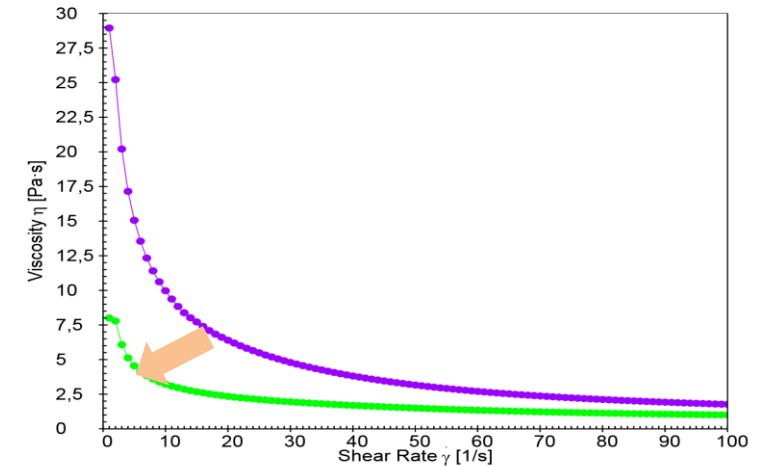
### steady shear behaviour Potato



### Normal Maize



### Waxy Maize



Power law

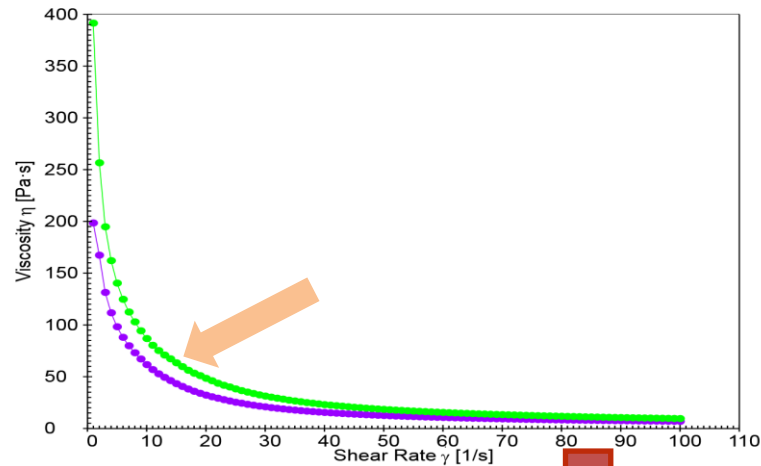
$$\tau = K \dot{\gamma}^n$$

Sample		K (Pa·s <sup>n</sup> )	n	R <sup>2</sup>
P	Native	47.91±0.12 <sup>b</sup>	0.50±0.03 <sup>a</sup>	0.99
	PAW	88.74±1.14 <sup>a</sup>		
NM	Native	11.7±0.64 <sup>b</sup>	0.46±0.01 <sup>a</sup>	0.99
	PAW	58.56±2.42 <sup>a</sup>		
WM	Native	6.85±0.59 <sup>a</sup>	0.38±0.01	0.99
	PAW	4.63±0.18 <sup>b</sup>		

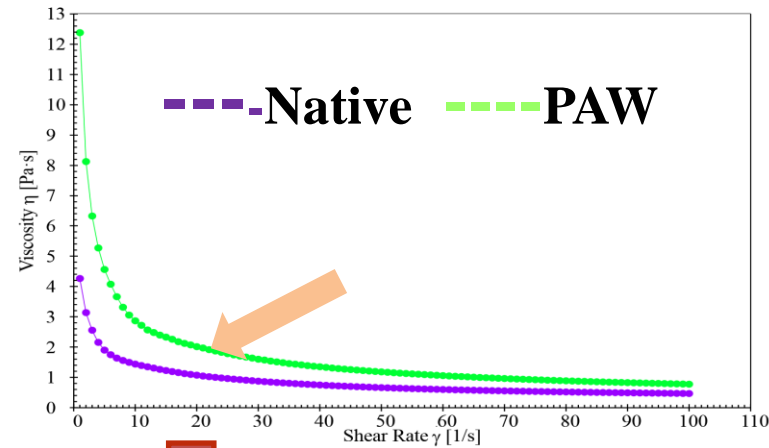


## Rheological behaviour

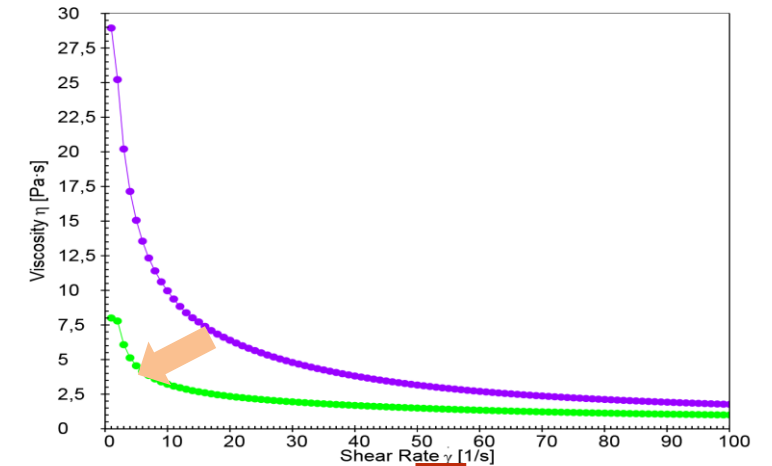
### steady shear behaviour Potato



### Normal Maize



### Waxy Maize



- INCREASED CONSISTENCY COEFFICIENT
  - HIGHER  $G'$  AND  $G''$

#### Hypothesis:

reduction of hydroxyl of groups in the starch structure due to the reactive species in PAW, such as  $O_3$ , an entanglement of the starch structure which improved the ability of starch to combine with water

- DECREASED CONSISTENCY COEFFICIENT
  - LOWER  $G'$  AND  $G''$

#### Hypothesis:

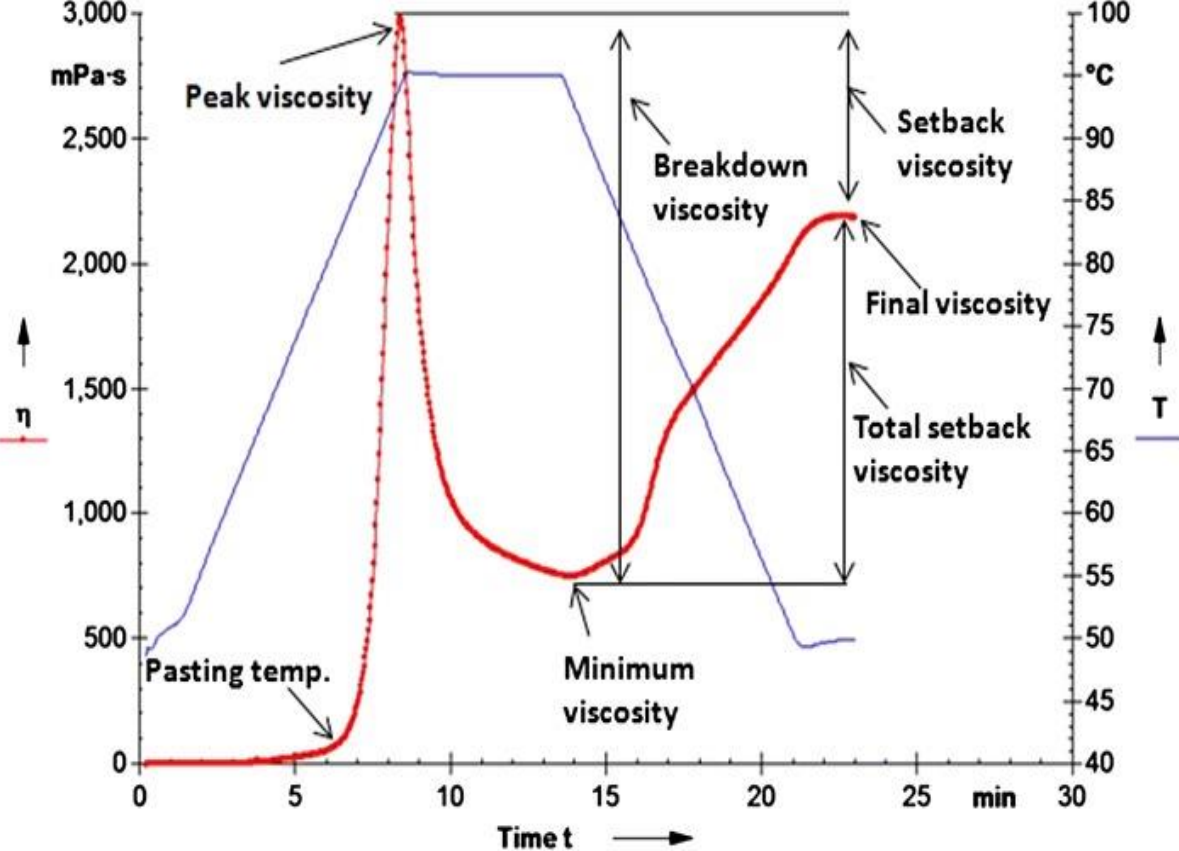
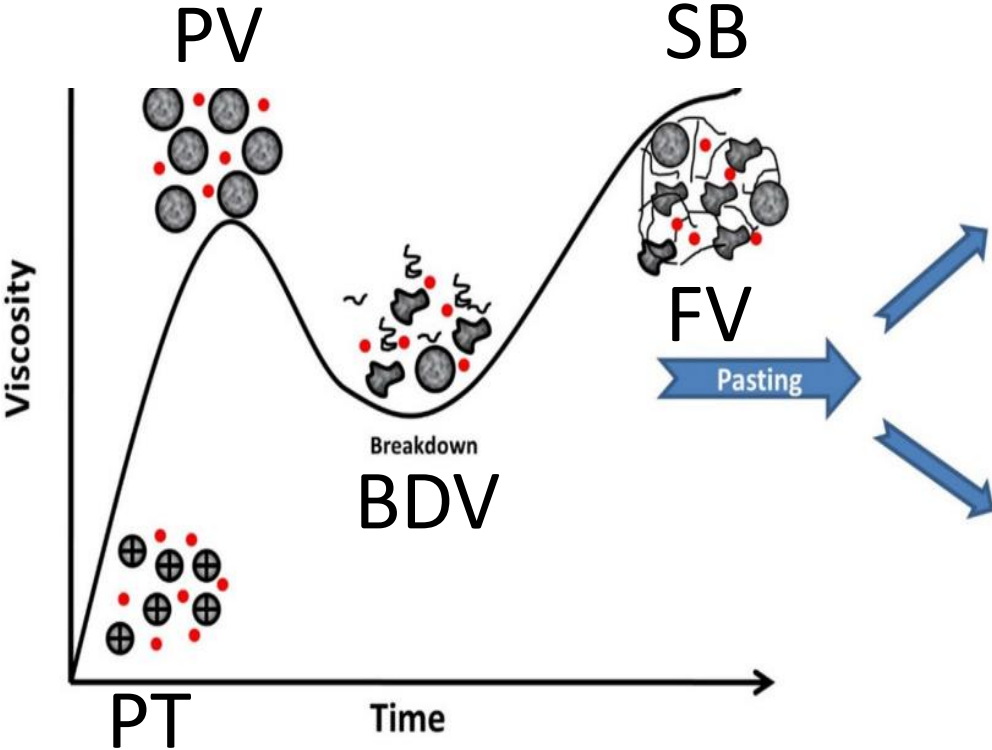
dissociation (rupture of glycosidic bonds) of double helices of amylopectin and reduced granule crystallinity  
depolymerization effect

Main difference between WM and other starches: content of amylose (almost absent in WM)



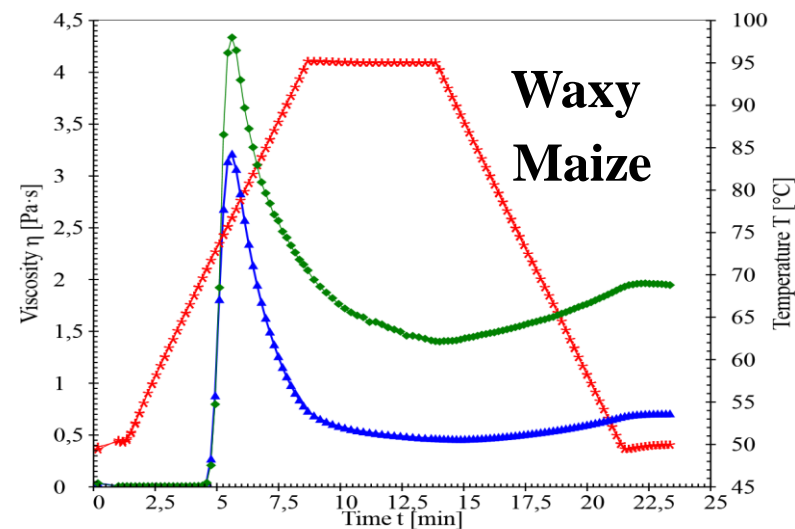
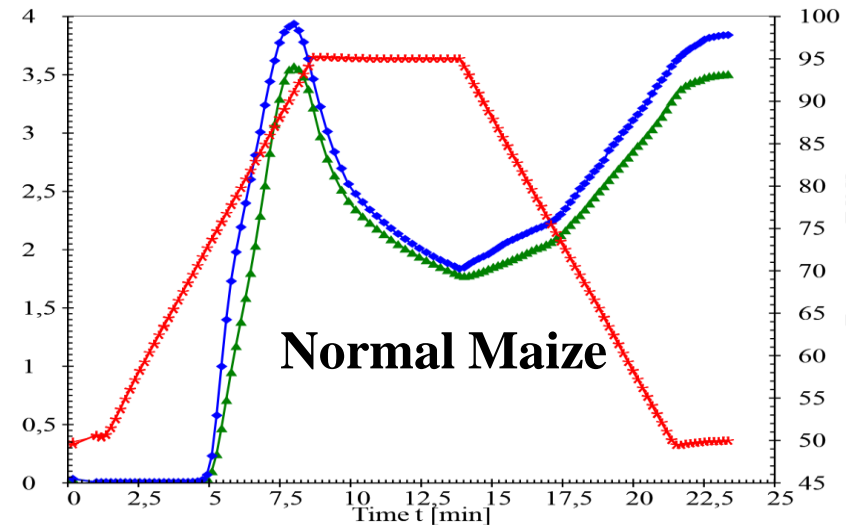
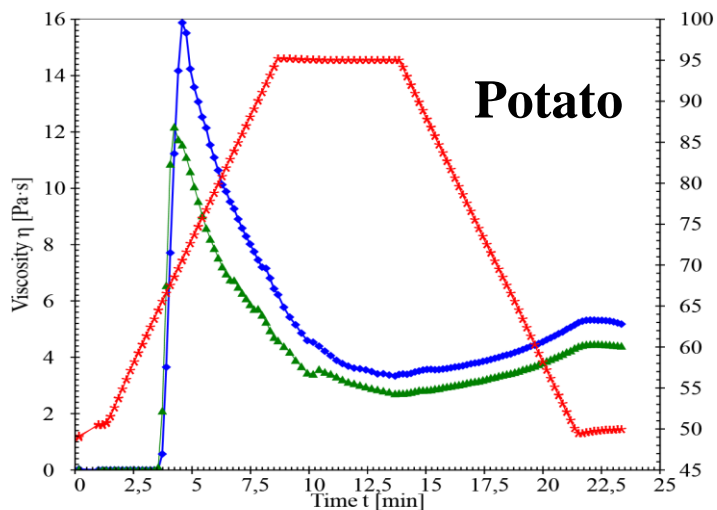


# Pasting properties



## Pasting properties

---Temp °C -■-- PAW -▲-- Native



Sample	PT (°C)	PV (Pa.s)	HSV (Pa.s)	BV (Pa.s)	SBV (Pa.s)	FV (Pa.s)	
P	Native	64.19±0.68 <sup>b</sup>	12.34±0.19 <sup>b</sup>	2.73±0.01 <sup>b</sup>	9.61±0.20 <sup>a</sup>	1.73±0.14	4.46±0.14 <sup>b</sup>
	PAW	65.05±0.60 <sup>a</sup>	15.78±0.9 <sup>a</sup> ↑	3.26±0.10 <sup>a</sup>	12.52±0.03 <sup>b</sup> ↑	1.9±0.07	5.16±0.03 <sup>a</sup> ↑
NM	Native	75.54±0.95 <sup>a</sup>	3.67±0.19 ↑	1.78±0.04	1.88±0.15 <sup>b</sup> ↑	1.78±0.13	3.57±0.17 ↑
	PAW	71.72±0.22 <sup>b</sup>	3.85±0.17	1.83±0.02	2.02±0.15 <sup>a</sup>	1.92±0.14	3.75±0.16
WM	Native	70.72±0.20	4.25±0.12 <sup>a</sup> ↓	1.37±0.03 <sup>a</sup>	2.87±0.10	0.55±0.02 <sup>a</sup> ↓	1.93±0.04 <sup>a</sup> ↓
	PAW	70.63±0.25	3.22±0.18 <sup>b</sup> ↓	0.46±0.07 <sup>b</sup>	2.75±0.13	0.24±0.03 <sup>b</sup> ↓	0.71±0.10 <sup>b</sup> ↓

### Conclusions – 1

Observed modifications: attributed to the synergistic effect of NO<sub>3</sub>, NO<sub>2</sub>, O<sub>3</sub>, acidic environment, and other reactive species of PAW

Cereal and tuber/roots starches can be successfully modified by PAW → promising strategy for starch modification as “green” alternative for existing methods in the food industry

Degree of modification: strongly dependent on the starch type (botanical, amylose, and amylopectin content) → process optimization based on the specific substrate appears necessary for obtaining tailored functionality

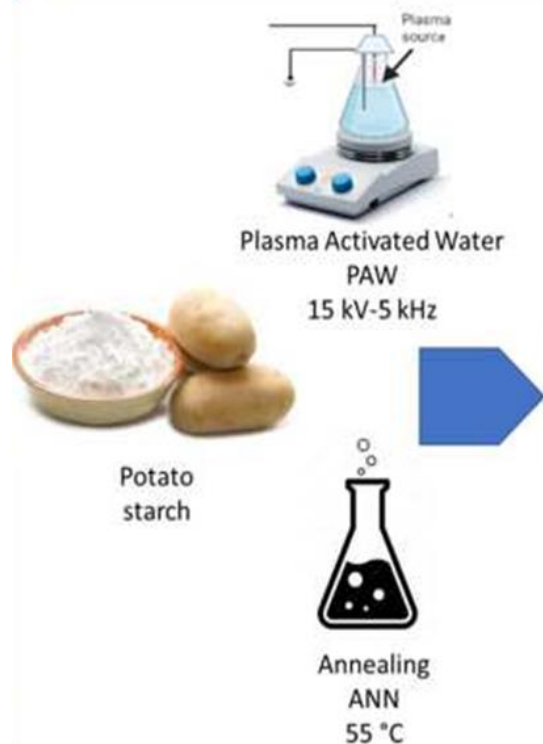


# Combination of PAW with annealing

## What is annealing?

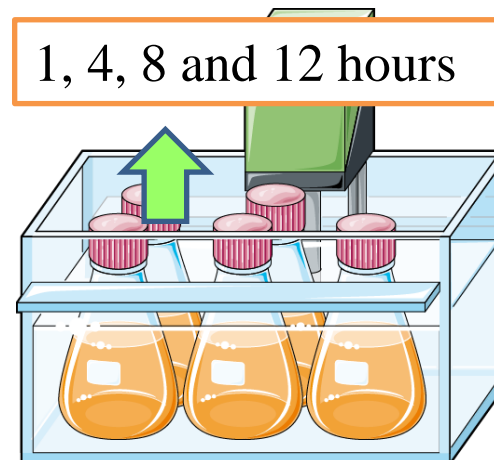
physical reorganisation of starch granules (or appropriate polysaccharide matrices like amylose–lipid complexes) when heated in excess of water (or appropriate plasticiser) at a temperature between  $T_g$  and the onset of gelatinisation ( $T_o$ ) of the native starch (or polymeric system)

Requires long time → combination with PAW?



PAW  
ANN  
PAW + ANN

Ratio Starch/PAW: 1/2



Effect on:

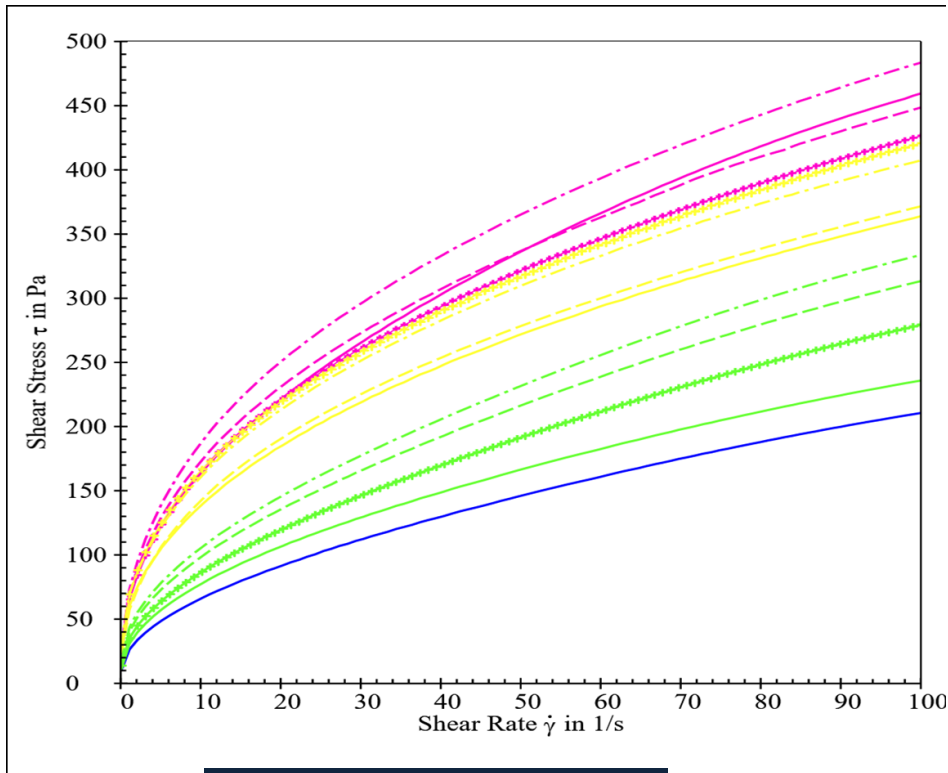
- Rheological
- Thermal
- Pasting
- Hydration

Properties



# Rheological behaviour

$$\tau = K \dot{\gamma}^n$$



Native  
PAW  
ANN  
PAW\_ANN

Sample	Incubation time (h)	K	n	R <sup>2</sup>
Native	-	23.25±0.31 <sup>j</sup>	0.47±0.007 <sup>a</sup>	0.991
	1	30.64±0.22 <sup>g</sup>	0.47±0.005 <sup>ab</sup>	0.989
	4	37.95±0.26 <sup>i</sup>	0.47±0.003 <sup>a</sup>	0.991
PAW	8	35.25±0.29 <sup>h</sup>	0.47±0.005 <sup>ab</sup>	0.990
	12	34.83±0.26 <sup>h</sup>	0.47±0.004 <sup>ab</sup>	0.999
	1	46.28±0.39 <sup>c</sup>	0.45±0.001 <sup>abc</sup>	0.999
	4	50.74±0.60 <sup>e</sup>	0.43±0.01 <sup>bcd</sup>	0.999
ANN	8	55.05±1.32 <sup>e</sup>	0.44±0.001 <sup>abcd</sup>	0.999
	12	55.25±0.60 <sup>e</sup>	0.41±0.003 <sup>d</sup>	0.999
	1	60.88±0.75 <sup>c</sup>	0.44±0.004 <sup>bcd</sup>	0.990
PAW-ANN	4	66.07±0.53 <sup>b</sup>	0.42±0.003 <sup>d</sup>	1.000
	8	70.96±0.54 <sup>a</sup>	0.42±0.003 <sup>cd</sup>	0.990
	12	63.85±0.01 <sup>b</sup>	0.41±0.001 <sup>d</sup>	0.999





# Rheological behaviour

$$\tau = K \dot{\gamma}^n$$

## INCREASED CONSISTENCY COEFFICIENT

PAW → reassociation of starch chains, following reduction of hydroxyl groups in the starch structure due to PAW reactive species, that enhanced the starch interaction

ANN → more complete rearrangement of potato starch molecules, → tighter and more organized molecular structures with more rigid and cohesive starch that is resistant to flow.

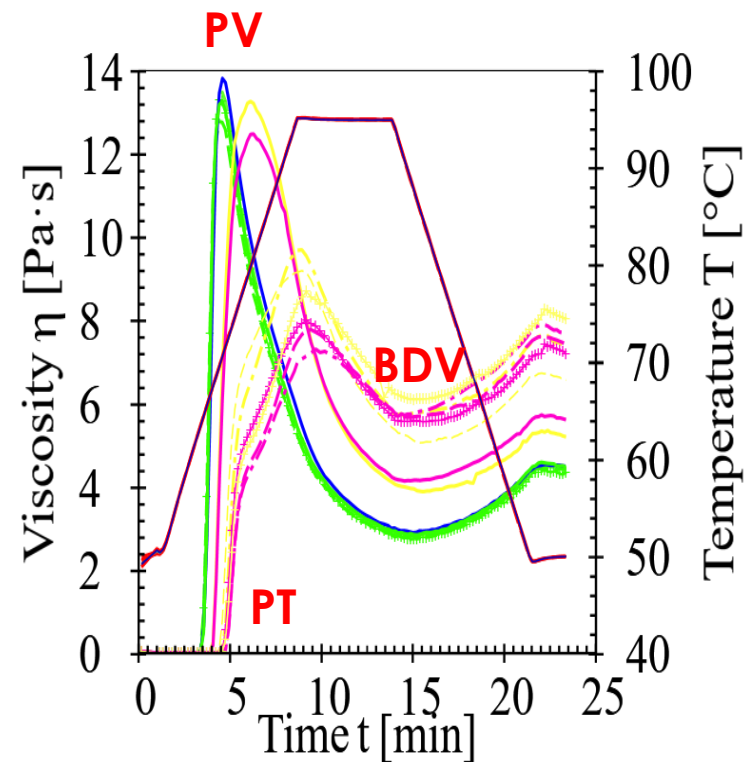
PAW-ANN → synergistic effect

After only 1 h of PAW-ANN k values higher compared to the maximum value reached for the longest ANN treatment (12 h)

Sample	Incubation time (h)	K	n	R <sup>2</sup>
Native	-	23.25±0.31 <sup>j</sup>	0.47±0.007 <sup>a</sup>	0.991
	1	30.64±0.22 <sup>g</sup>	0.47±0.005 <sup>ab</sup>	0.989
PAW	4	37.95±0.26 <sup>i</sup>	0.47±0.003 <sup>a</sup>	0.991
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	12	34.83±0.26 <sup>h</sup>	0.47±0.004 <sup>ab</sup>	0.999
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	12	55.25±0.60 <sup>e</sup>	0.41±0.003 <sup>d</sup>	0.999
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PAW-ANN	4	66.07±0.53 <sup>b</sup>	0.42±0.003 <sup>d</sup>	1.000
	8	70.96±0.54 <sup>a</sup>	0.42±0.003 <sup>cd</sup>	0.990
	12	63.85±0.01 <sup>b</sup>	0.41±0.001 <sup>d</sup>	0.999

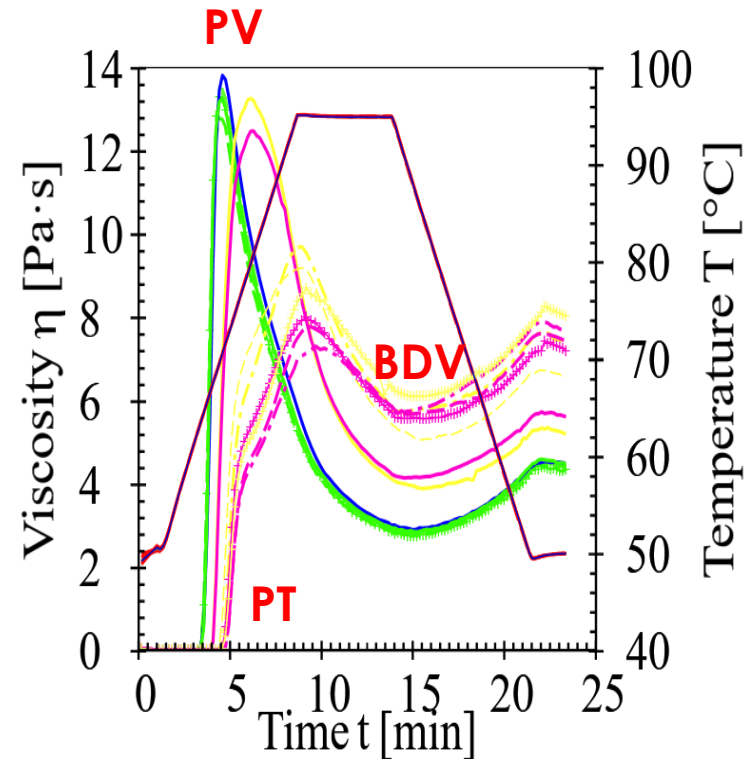


## Pasting properties



Sample	PT(°C)	PV(Pa.s)	BDV(Pa.s)	HSV(Pa.s)	SBV(Pa.s)	FV(Pa.s)
Native	64.50±0.03 <sup>e</sup>	13.75±0.13 <sup>a</sup>	10.89±0.07 <sup>a</sup>	2.85±0.06 <sup>d</sup>	1.63±0.07 <sup>ab</sup>	4.49±0.01 <sup>e</sup>
PAW 1h	64.49±0.01 <sup>e</sup>	13.15±0.17 <sup>ab</sup>	10.33±0.17 <sup>a</sup>	2.82±0.03 <sup>d</sup>	1.56±0.17 <sup>bc</sup>	4.38±0.14 <sup>e</sup>
PAW 4h	64.63±0.75 <sup>e</sup>	13.57±0.11 <sup>ab</sup>	10.75±0.13 <sup>a</sup>	2.82±0.01 <sup>d</sup>	1.61±0.05 <sup>ab</sup>	4.43±0.04 <sup>e</sup>
PAW 8h	64.99±0.69 <sup>e</sup>	12.83±0.07 <sup>ab</sup>	10.05±0.10 <sup>a</sup>	2.78±0.02 <sup>d</sup>	1.60±0.08 <sup>abc</sup>	4.38±0.06 <sup>e</sup>
PAW 12h	64.71±0.77 <sup>e</sup>	13.20±0.17 <sup>ab</sup>	10.45±0.16 <sup>a</sup>	2.75±0.02 <sup>d</sup>	1.58±0.01 <sup>ac</sup>	4.33±0.03 <sup>e</sup>
ANN 1h	68.05±0.74 <sup>d</sup>	12.56±1.00 <sup>ab</sup>	8.74±0.87 <sup>b</sup>	3.83±0.13 <sup>c</sup>	1.43±0.21 <sup>c</sup>	5.26±0.08 <sup>d</sup>
ANN 4h	70.11±0.76 <sup>bcd</sup>	9.16±0.09 <sup>cd</sup>	4.08±0.09 <sup>c</sup>	5.08±0.01 <sup>a</sup>	1.55±0.04 <sup>bc</sup>	6.63±0.05 <sup>c</sup>
ANN 8h	71.19±0.74 <sup>abc</sup>	9.77±0.07 <sup>c</sup>	4.14±0.11 <sup>c</sup>	5.64±0.03 <sup>b</sup>	1.59±0.29 <sup>abc</sup>	7.22±0.25 <sup>b</sup>
ANN 12h	72.21±0.72 <sup>ab</sup>	8.43±0.41 <sup>de</sup>	2.41±0.28 <sup>d</sup>	6.02±0.12 <sup>a</sup>	1.92±0.01 <sup>a</sup>	7.93±0.13 <sup>a</sup>
PAW_ANN 1h	68.78±0.3 <sup>cd</sup>	12.16±0.16 <sup>b</sup>	8.11±0.31 <sup>d</sup>	4.23±0.13 <sup>d</sup>	1.54±0.12 <sup>c</sup>	5.70±0.12 <sup>d</sup>
PAW_ANN 4h	72.30±0.42 <sup>ab</sup>	7.83±0.05 <sup>e</sup>	2.07±0.05 <sup>d</sup>	5.66±0.14 <sup>a</sup>	1.44±0.03 <sup>bc</sup>	7.21±0.03 <sup>b</sup>
PAW_ANN 8h	72.15±0.27 <sup>a</sup>	7.76±0.06 <sup>e</sup>	2.20±0.06 <sup>d</sup>	5.77±0.29 <sup>a</sup>	1.97±0.24 <sup>abc</sup>	7.75±0.05 <sup>a</sup>
PAW_ANN 12h	71.65±0.76 <sup>ab</sup>	7.89±0.30 <sup>e</sup>	2.31±0.28 <sup>d</sup>	5.57±0.02	1.62±0.17 <sup>a</sup>	7.57±0.18 <sup>ab</sup>

# Pasting properties



- Native
- PAW
- ANN
- PAW\_ANN

**Peak Temperature (PT):** resistance to swelling, agglomeration of starch granules, crystallinity index, level of cross-linking, and a reduction in the space between molecules

Increase → rising in resistance to swelling, agglomeration of starch granules, increased crystallinity, development of intermolecular cross-links, reduction in the space between molecules which hinders the viscosity development during annealing.

Interaction between starch chains in the amorphous and crystalline regions → **starch more stable**, needs a higher temperature for the rupture of the structure.

**Peak viscosity (PV):** measure of the fragility and the maximum degree of swelling of starch granules before disintegration when subjected to heating.

Decrease → the binding forces within the granules were strengthened, **limiting starch swelling and structural disintegration**.

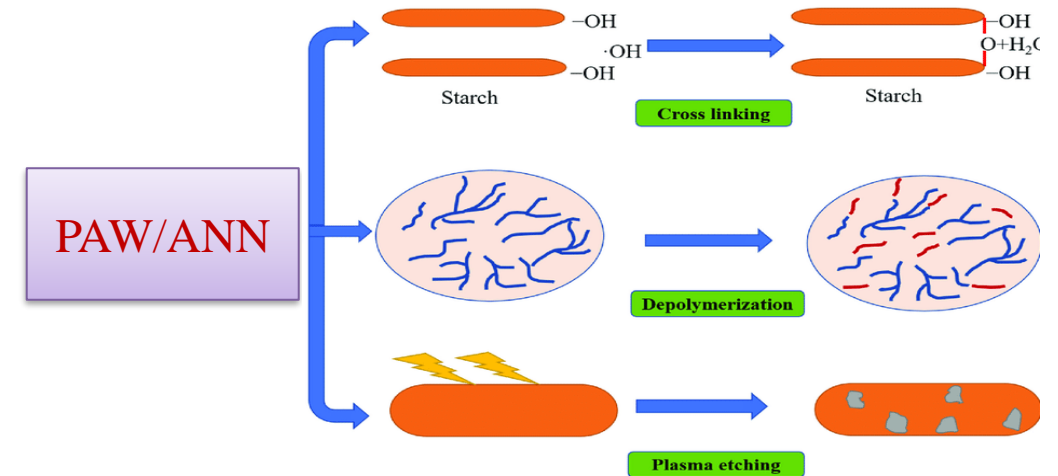
**Breakdown viscosity (BDV):** granule resistance to temperatures and shear rates.

Decrease → **higher thermal stability, higher resistance against shear** exerted from high temperature and a lower deterioration tendency

**Annealing with PAW treatment could improve the stability against mechanical shear and thermal stability within a short time.**

## Conclusions – 2

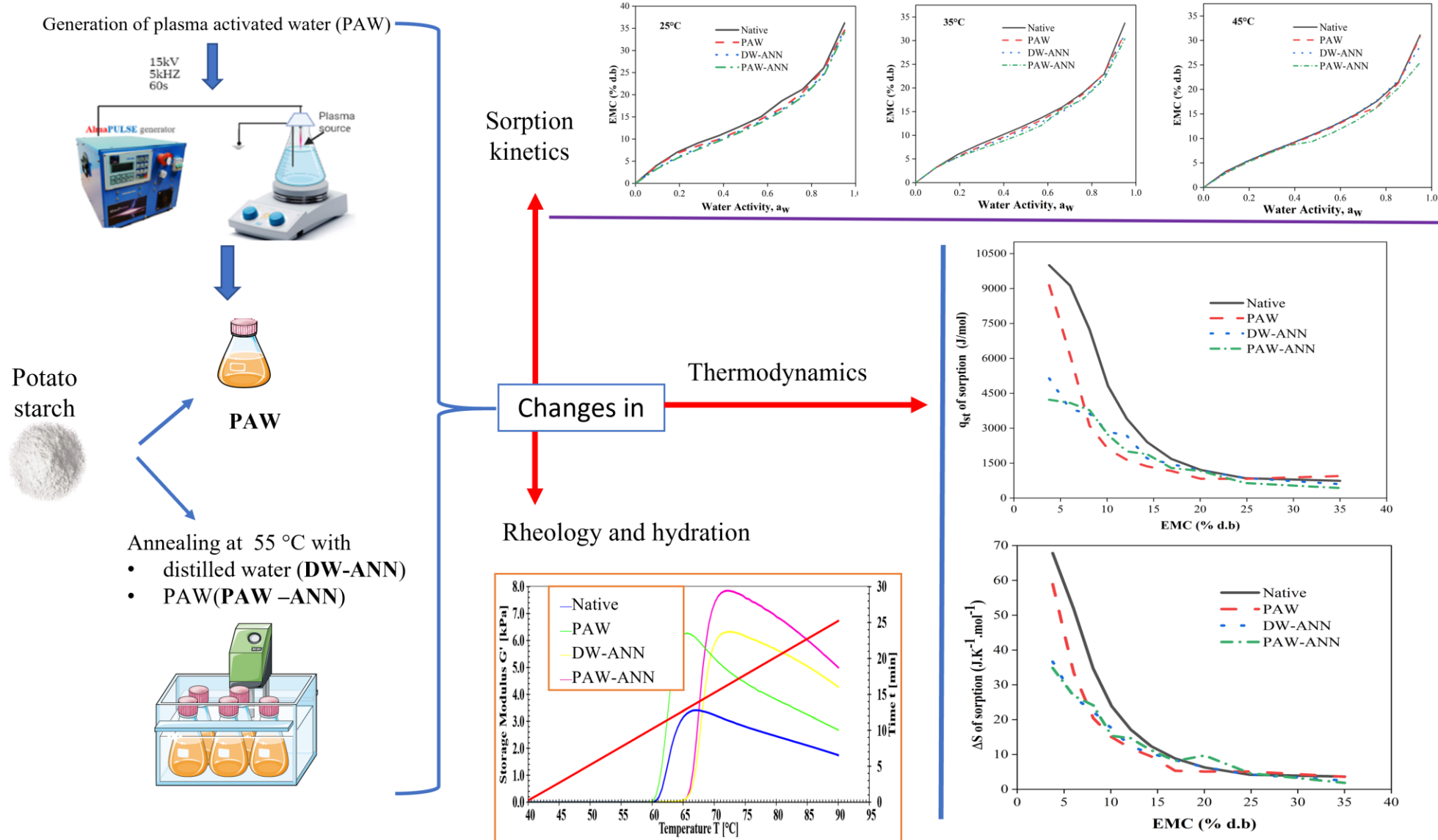
PAW+ANN → synergistic effect in thermal stability and shear resistance, resulting in lower breakdown viscosity, higher elasticity and gelatinization enthalpy up to 4 h



Increased ability to better withstand high thermal and mechanical processing conditions in the food industry: use as a sustainable raw material in food applications, such as a base for baked goods, thickening agent, candies, ice cream and in processed foods

PAW-ANN combination: promising technology for the modification of starch, as environmentally friendly alternative to chemical modifications

# PAW and Annealing: Effects on Sorption Isotherms, Thermodynamic and Gelatinization Kinetics of Potato Starch





## Conclusions and future work

- PAW is effective for modifying starch properties
- Effect dependent on starch type and processing parameters
- Synergistic effect with annealing

Future work should be carried out to clarify porosity (pore size), morphology, and crystallinity of the granules affected by the proposed treatments



# Proteins used as ingredients



Commercially, proteins are differentiated based on:

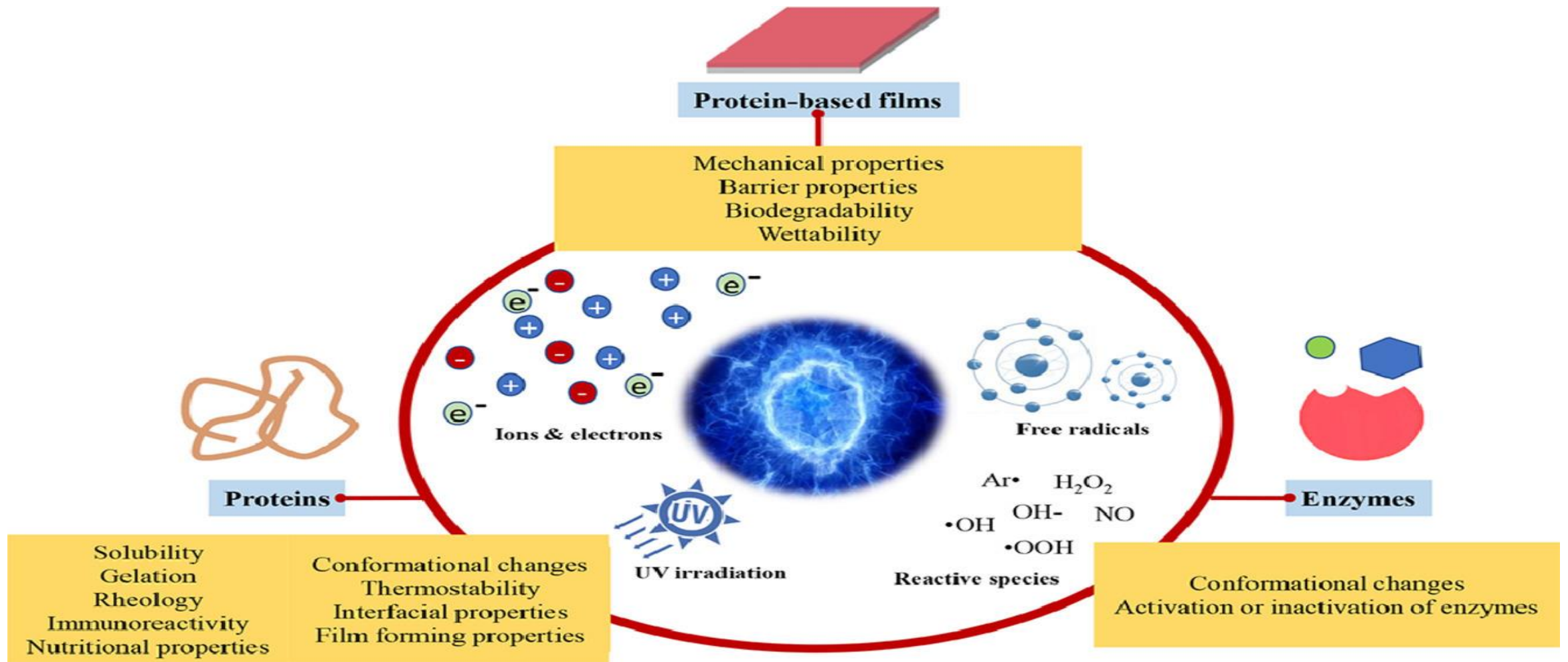
- Source: animal, insects, plants or microbes
- Protein content: flour (70-85%) concentrates (up to 85%) and isolates (higher than 85%).

Protein functionalities: ability to gel, foam, emulsify and form films and dough structure , ...

Types	Form	Plant-based sources available
Flours	Powder, semolina	Soy, lupin, faba bean, pea, rice, lentil, chickpea
	Texturized (flakes, pellets)	Soy, faba beans, peas
Concentrate	Powder, semolina	Soy, lupin, faba beans, rice, lentils, chickpeas
	Texturized (flakes, pellets, crisps)	Soy, peas
Isolates	Powder	Soy, peas, rice, wheat, potato



# Recent trends in the application of cold plasma for the modification of plant proteins

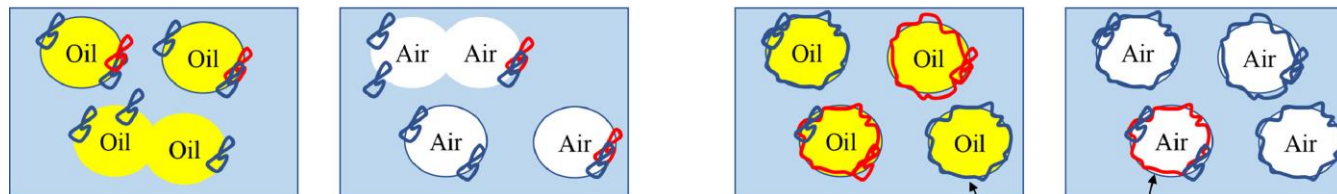
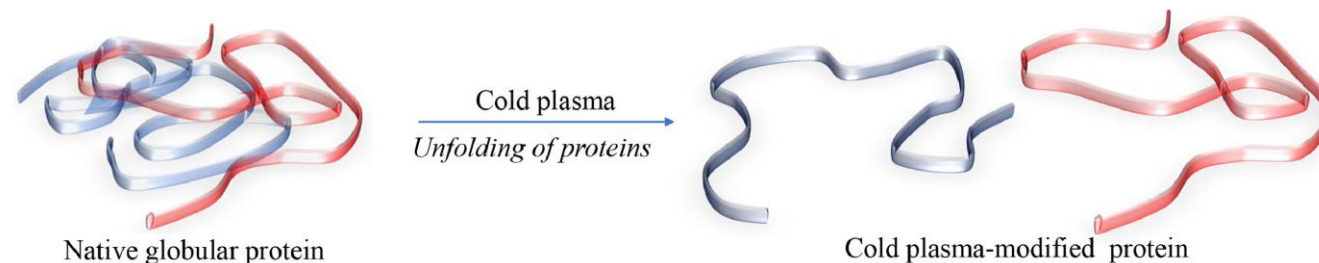
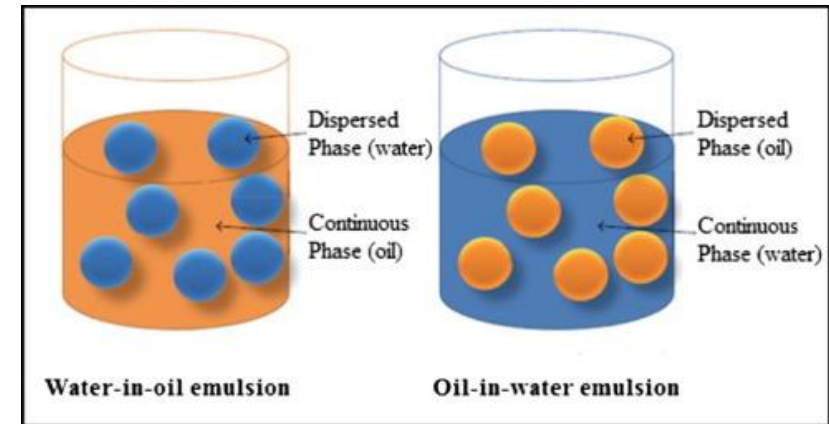


# Modification of emulsifying properties

Requirements for a protein to possess good emulsifying and foaming properties:

rapid absorption at the water-air or water-oil interface, formation of a strong cohesive film at the interface by interacting with neighboring molecules

Increased protein solubility → well correlated to the emulsification capacity.



Large aggregates of the globular protein  
Highly unstable emulsion and foam systems

Formation of a strong cohesive film  
Adsorption of the highly flexible structure at the interface

Low-frequency short-term plasma → more flexible structures, with the capacity to generate films at the oil-water or air-water interface.

Zhang et al., 2020





# Case study: Pea Protein Isolate (PPI) Functionalization Using a Novel Cold Plasma Source: Effect of Treatment Time on Rheological Properties

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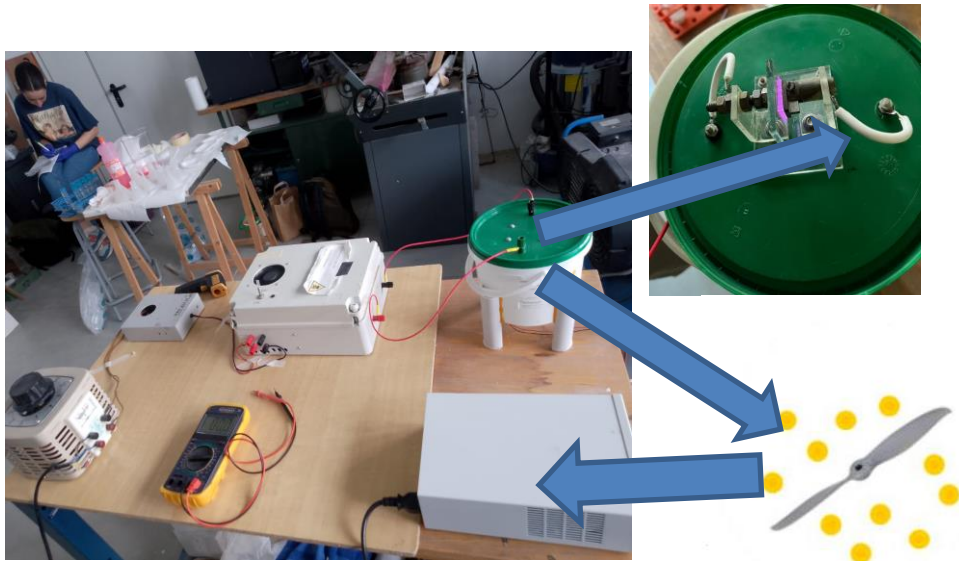
## Specific objective:

Evaluate modifications in terms of structural and rheological properties





# Set up of plasma treatment



- DBD atmospheric plasma source, 20 kV 32kHz
- Fan to set in motion the powders
- Active power:  $8.56 \pm 0.65$  W
- $1.8 \text{ cm}^2$  metallic electrode,  $3270 \text{ cm}^3$  total chamber volume

## Experimental procedure

Pea Protein Isolate  
(protein content – 91%)

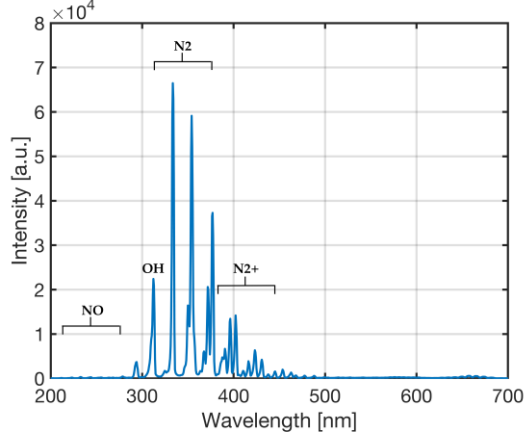


Treatment  
5, 10, 20, 30 min  
Control (untreated)

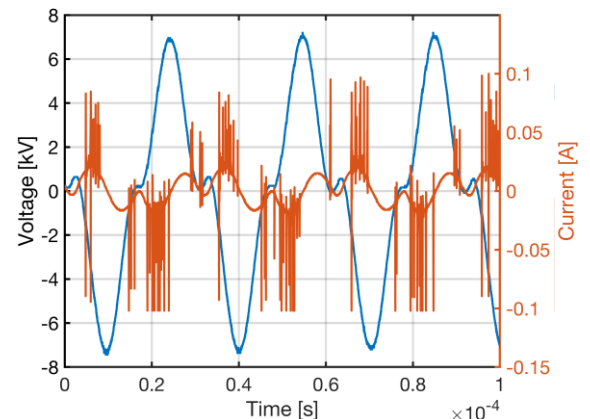


- Analytical determinations
- SDS page – Primary structure
  - FTIR – Secondary structure
  - Solubility
  - Rheological behaviour

Optical spectrum:



Waveform discharge:



# Conclusions

- Plasma treatment was effective in modifying rheological properties of PPI
  - rheological results generally in agreement with other similar published works
- The improved rheological properties don't come from changes in primary structure
  - no polymerization seem to happen, in contrast with some studies
- FTIR data suggest no effect on secondary structure (minor absorbance changes on amide I and II), but:
  - FTIR spectra markedly differentiate between treatments through PCA analysis
  - Major affected areas might be linked to protein oxidation or interaction with other non-proteinaceous components
- Tertiary structure evaluation studies (e.g. fluorescence spectra) are needed to better understand the observed rheological modifications



## Concluding remarks

The investigation of cold plasma as method to modify structure and functionality of food components is gaining increasing interest.

It might be used to replace or to improve currently existing methods resulting in **higher efficiency and sustainability** of the process.

Investigation on mechanisms and process optimization is still required





**Thank you!!**

Questions?

**Meet the presenter**

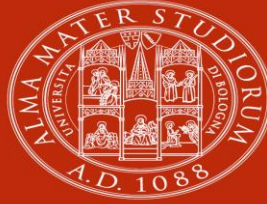


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