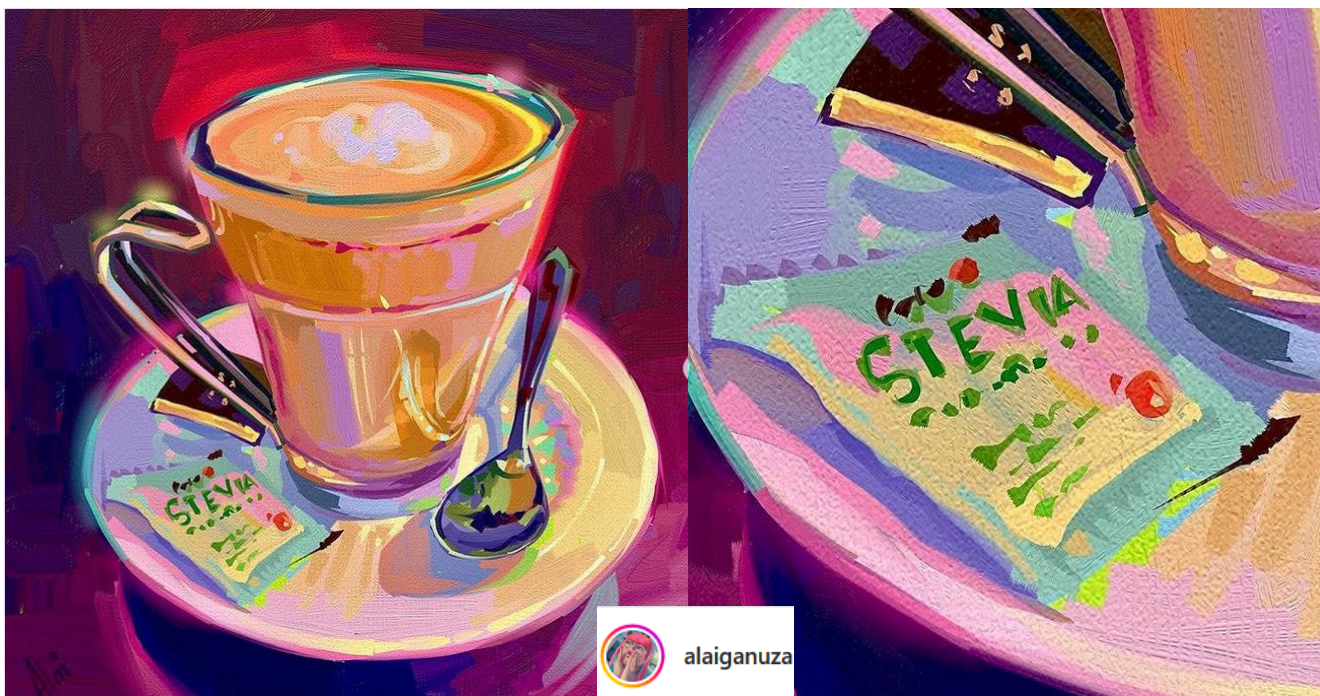


# How to make sweet stevia sweeter: green technology of cold plasma



VYTAUTAS  
MAGNUS  
UNIVERSITY  
MCMXXII

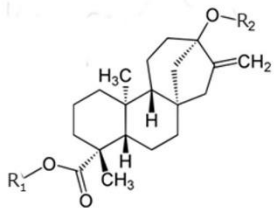
Rasa Žūkienė

*Faculty of Natural Sciences, Dept. of Biochemistry  
Vytautas Magnus University, Lithuania*

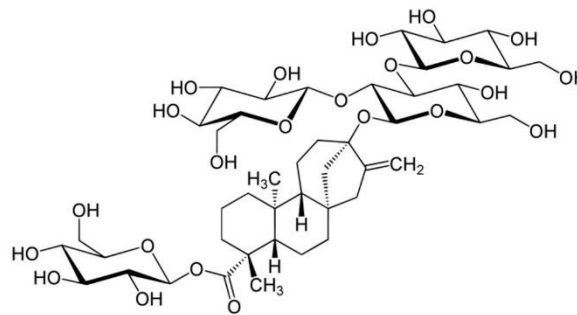
# Steviol glycosides (SG) of *Stevia rebaudiana*

**Stevioside (Sevt)** and **rebaudioside A (RebA)** are the most abundant steviol glycosides (SGs) responsible for the sweetness of stevia.

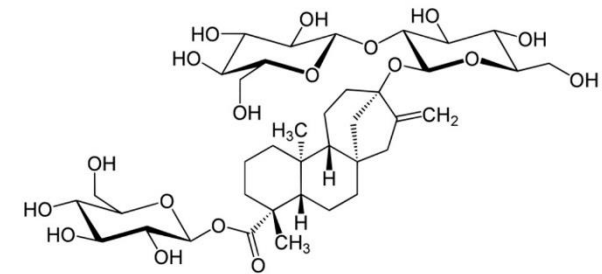
As compared to **Stev**, **RebA** has an additional glucose monomer that gives it a higher sweetening potency and therefore is the most preferred component of the stevia leaf extracts. **RebA** also lacks the bitter aftertaste characteristic to **Stev**.



Backbone structure of steviol glycosides



Rebaudioside A



Stevioside

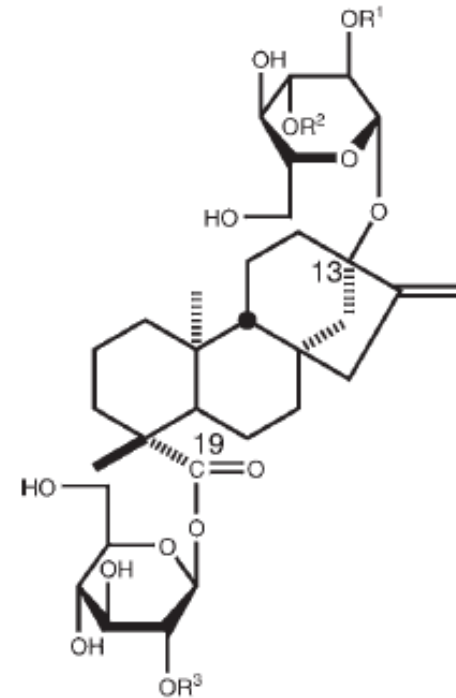
**More sweet**  
**No bitter aftertaste**

# Sweetness of SG

	R <sup>1</sup>	R <sup>2</sup>	R <sup>3</sup>	RS <sup>a</sup>	QT <sup>b</sup>
stevioside (1)	$\beta$ -D-Glc	H	H	143	0
rebaudioside A (2)	$\beta$ -D-Glc	$\beta$ -D-Glc	H	242	+2
rebaudioside C (3)	$\alpha$ -L-Rha	$\beta$ -D-Glc	H	nd	-1
rebaudioside D (4)	$\beta$ -D-Glc	$\beta$ -D-Glc	$\beta$ -D-Glc	221	+3
rebaudioside E (5)	$\beta$ -D-Glc	H	$\beta$ -D-Glc	174	+1
dulcoside A (6)	$\alpha$ -L-Rha	H	H	nd	-2

<sup>a</sup>RS: relative sweetness to sucrose, nd: not determined

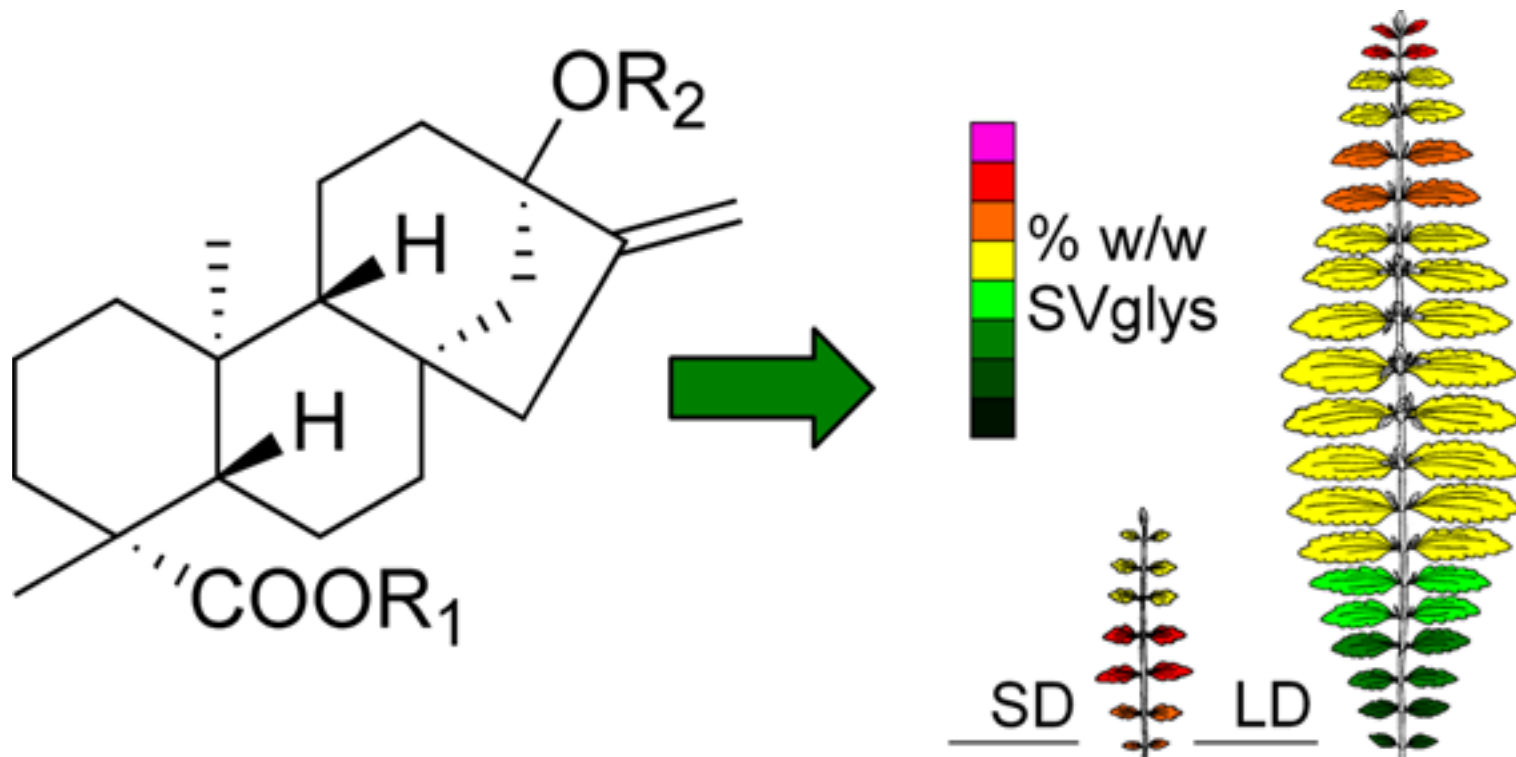
<sup>b</sup>QT: quality of taste, +: better, -: worse



There are at least **38** steviol glycosides identified in stevia to date (Libik-Konieczny et al, 2021).

Ohtani K, Yamasaki K. Methods to improve the taste of the sweet principles of *Stevia rebaudiana*. In „Stevia. The genus *Stevia*“. Ed. Kinghorn AD, 2002.

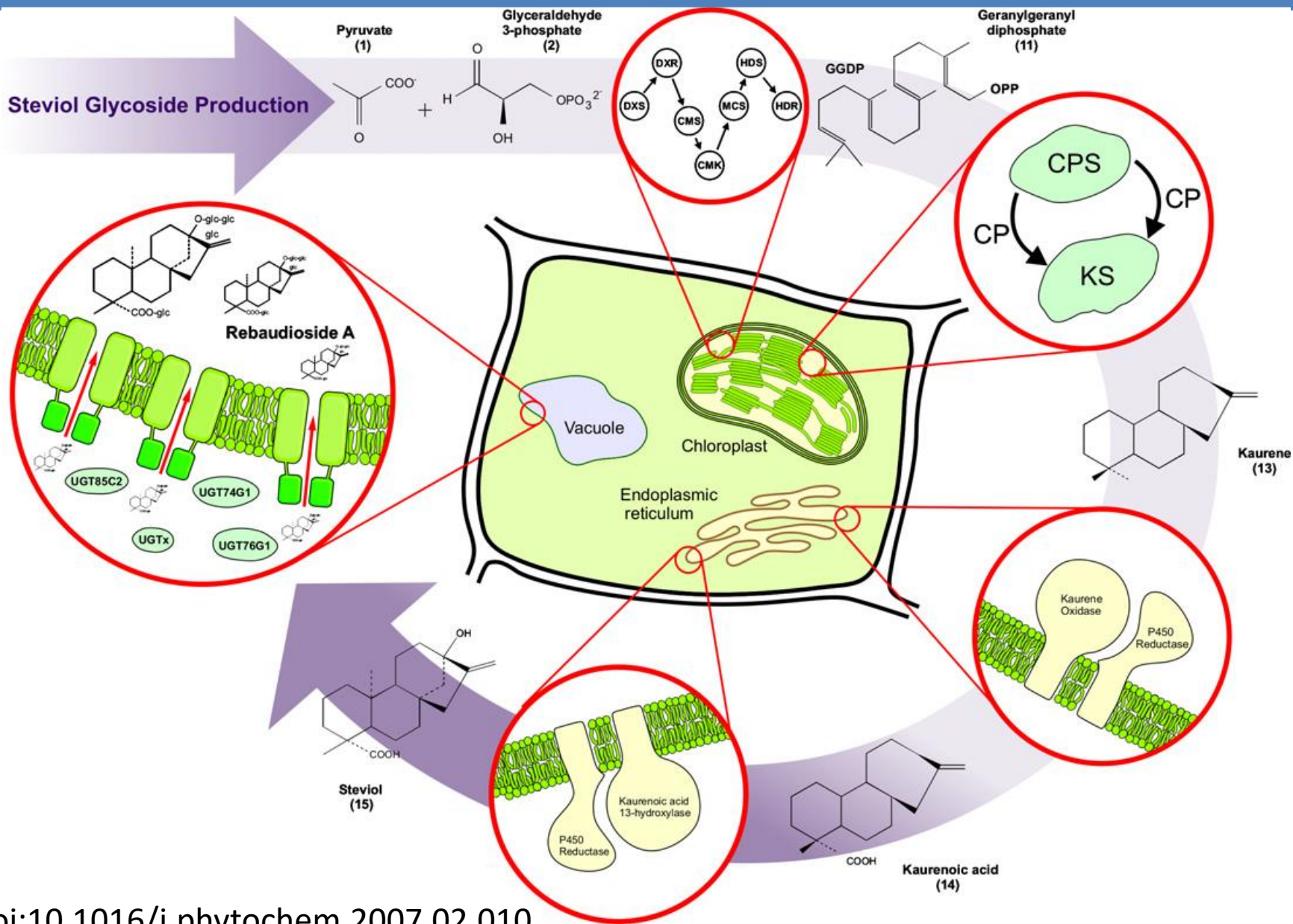
# SG distribution in stevia



SD – short day (app. 8 h), LD – long day (app. 16 h)



# Subcellular location SG biosynthesis in stevia



# SGs functions: against plant pests and herbivores?



Grasshopper  
*Valanga irregularis*



Red spider mite  
*Tetranychus urticae*



Guinea pig  
*Cavia porcellus*



*Stevia rebaudiana*

Feeding:

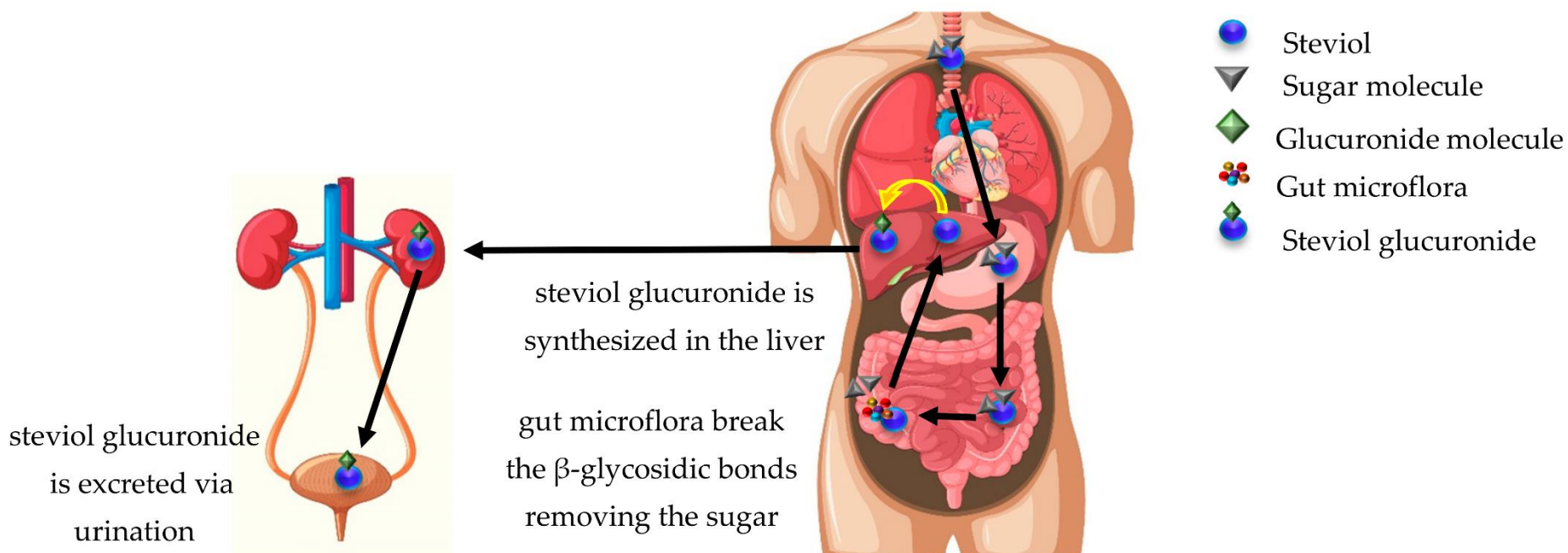
=Negative

=Neutral

(feeding mechanism that avoids chlorenchyma cells that contain SGs)

=Positive

# SG metabolism in human body



*Bacteroides* species are primarily responsible for the hydrolysis of steviol glycosides ( $\beta$ -glycosidic bond) in the gut via their  $\beta$ -glucosidase activity.

The released sugar moieties are not absorbed and are most likely quickly utilized by the gut microbes as an energy source, thus making it a **zero-calorie sweetener**.



# More than a sweetener: SG as drug candidates

## Antidiabetic action:

- In diabetic rats, Stev (0.2 g/kg IV) decreases glucose blood levels and increases insulin responses and reactions to an intravenous glucose tolerance test (IVGT);
- RebA increases insulin production in isolated murine islets of Langerhans depending on extracellular  $\text{Ca}^{2+}$  concentration;
- SGs increase the glucose intake in rat fibroblasts, etc.

## Antihypertensive activity:

- Stev triggers vasorelaxation via inhibition of  $\text{Ca}^{2+}$  reflux into the blood vessel;
- Stev has selective antihypertensive effect - no evidence of a hypotensive effect in humans with normal arterial pressure levels, etc.

## Anti-inflammatory property:

- Stev inhibits NF- $\kappa$ B, a transcription factor which controls expression of inflammatory cytokines;
- Stev enhances the innate immune system, etc.



# More than a sweetener: SG as drug candidates

## Antioxidant activity:

- Mixture of SGs augment the concentration and activity of CAT and SOD;
- Stev and RebA effectively control lipoperoxidation and protein carbonylation in a fish model;
- Stev prevents oxidative DNA damage in the livers and kidneys of a type 2 diabetes murine model.

## Anticancer action:

- The activity of tumor promoter TPA is successfully inhibited with Stev in a murine skin-cancer model;
- Stev reduces mammary adenoma incidence in F344 rats, etc.

## Antidiarrheal activity:

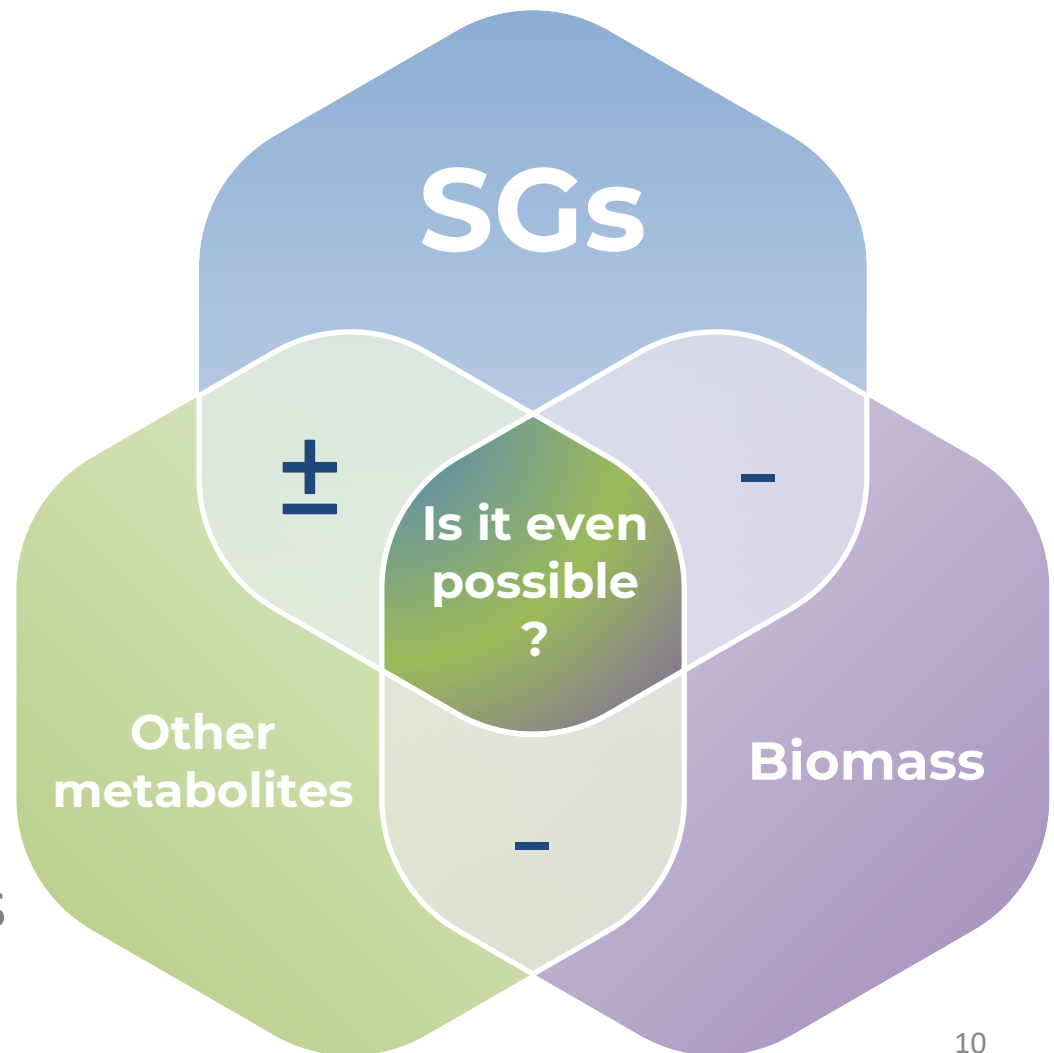
- Stev controls intestinal smooth muscle contraction;
- SGs demonstrates antibacterial action on *Escherichia coli*;
- SGs impede binding of rotavirus to host cells, etc.

## Effect on gut microbiota:

- *In vitro* and *in vivo* studies have shown no influence of SGs on gut microbiota growth.

# Goals of cold plasma application in stevia

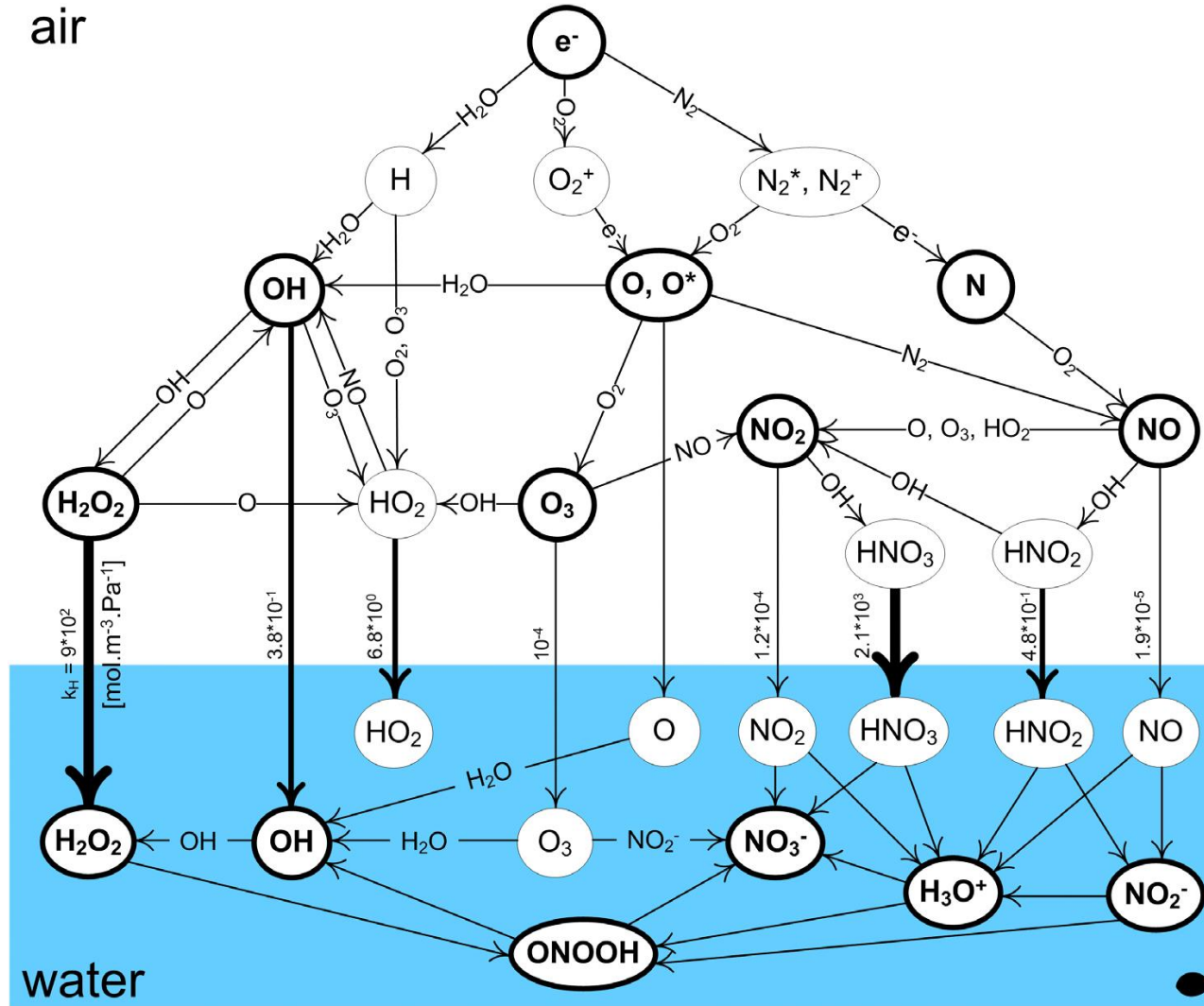
- **to increase biosynthesis of SGs**
- to increase SGs-enriched biomass
- to increase biosynthesis of other bioactive metabolites (i.e. antioxidants)
- To increase resistance to abiotic/biotic stressors and diseases



# What is cold plasma (CP)?

Non-thermal plasma or cold plasma is a non-equilibrium gas discharge plasma, consisting of:

- charged particles, such as ions, free electrons,
- neutral particles, including gas molecules, free radicals,
- UV photons.



# *Conventional methods for SGs biosynthesis stimulation*

- Breeding
- Fertilizers
- Biofertilizers/growth activators
- Phytohormones
- Nanoparticles
- Cultivation conditions (photoperiod, temperature, soil, etc.)

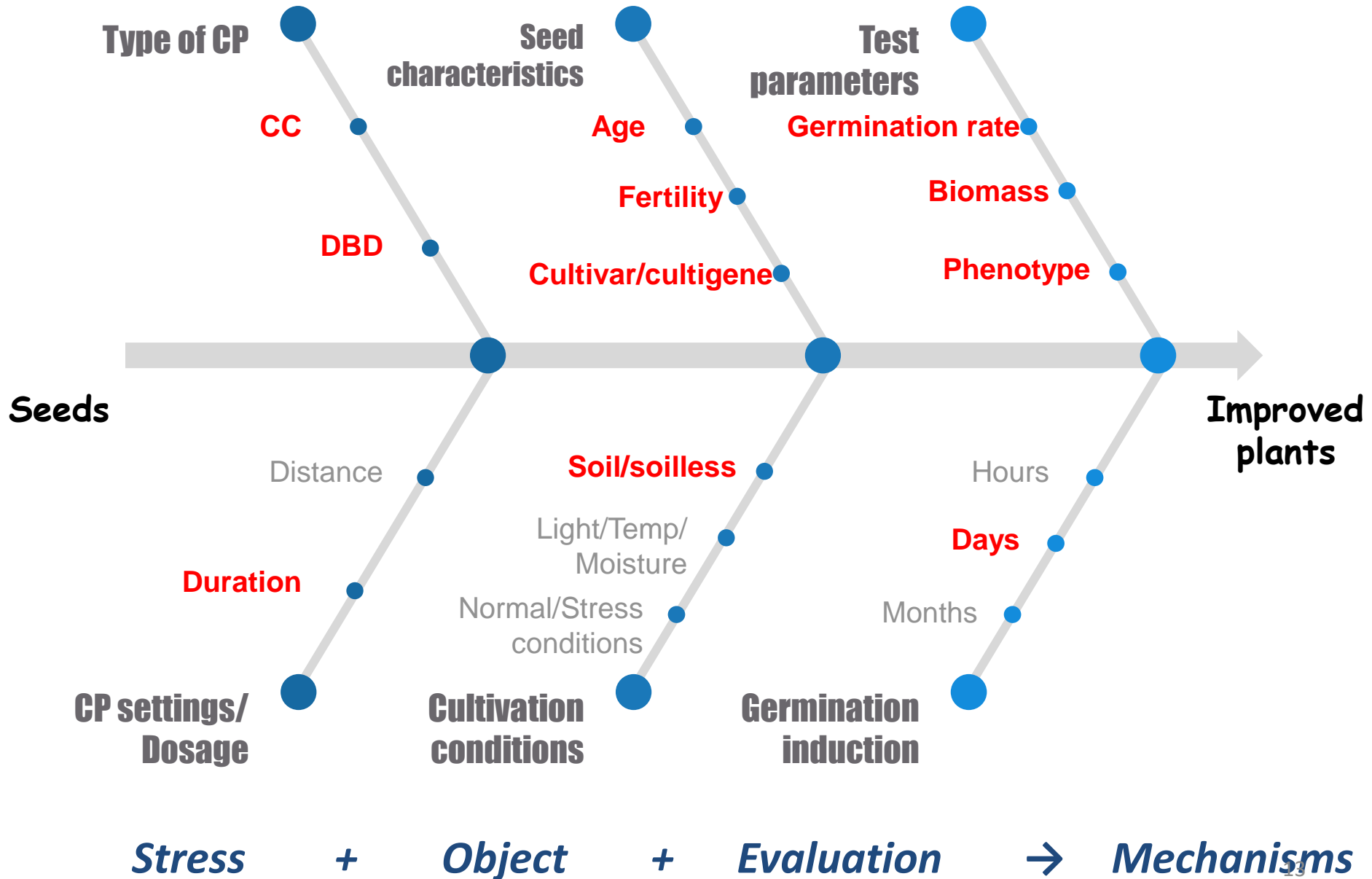


## Post-harvest technologies:

- Drying and extraction conditions
- Enzymatic conversion (i.e. Stev to RebA)



# Factors contributing to CP-induced effects



# Experimental models

Low-pressure  
CP (1)

Atmospheric-pressure DBD CP

Low-  
pressure  
CP (2)

1. Potential of  
CP

2. Potential of  
different CP  
types

3. Kinetics of  
CP-induced  
changes

4. Vegetative  
propagation

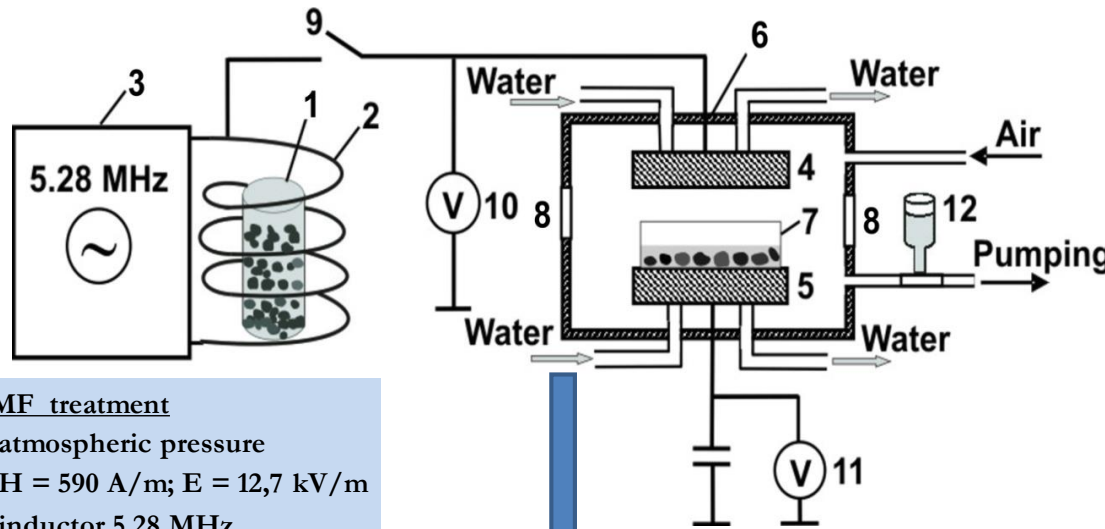
5. Impact of  
cultivar

6. Impact of  
soilless  
cultivation

Soil

Aeroponics

# 1. Experimental setup for seed treatment with CP

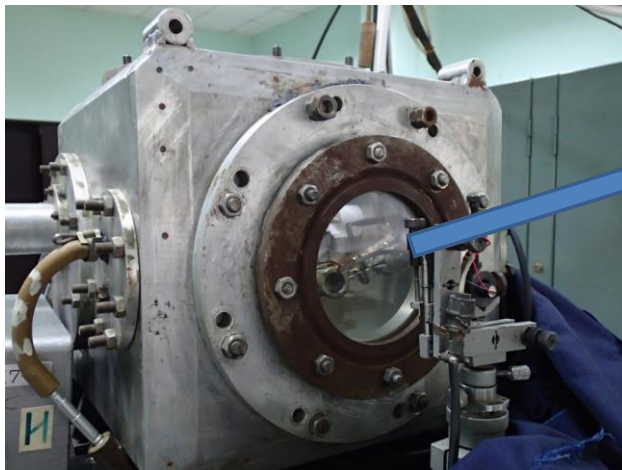


- 1 - dielectric container with seeds,
- 2 - inductor,
- 3 - RF generator,
- 4 - powered electrode,
- 5 - grounded electrode,
- 6 - vacuum chamber,
- 7 - Petri dish with seeds,
- 8 - window,
- 10, 11 - voltmeters,
- 12 - thermistor vacuum gauge.

## EMF treatment

- atmospheric pressure
- $H = 590 \text{ A/m}$ ;  $E = 12,7 \text{ kV/m}$
- inductor 5.28 MHz
- exposure - 5, 10, 15 min

## Capacitively coupled plasma

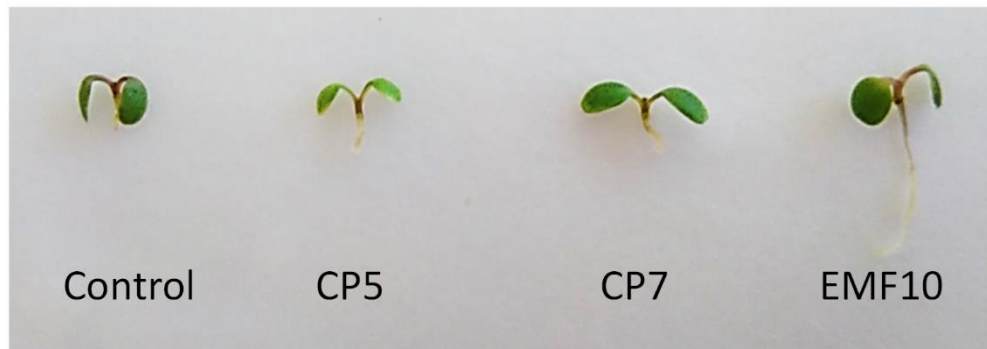
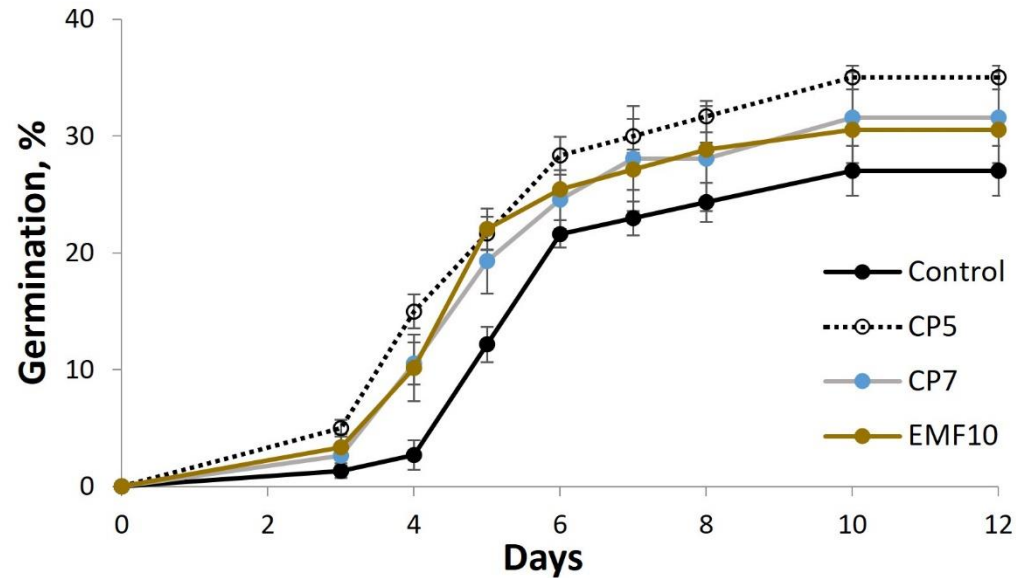


## CP treatment:

- 5.28 MHz air plasma,
- gas pressure - 40 P
- the specific RF power - 0.1 - 0.6 W/cm<sup>3</sup>
- exposure - 2, 5, 7 min

B. I. Stepanov Institute  
of Physics, National  
Academy of Sciences of  
Belarus

# CP (CC) effect on germination *in vitro*, cv. "Criolla"



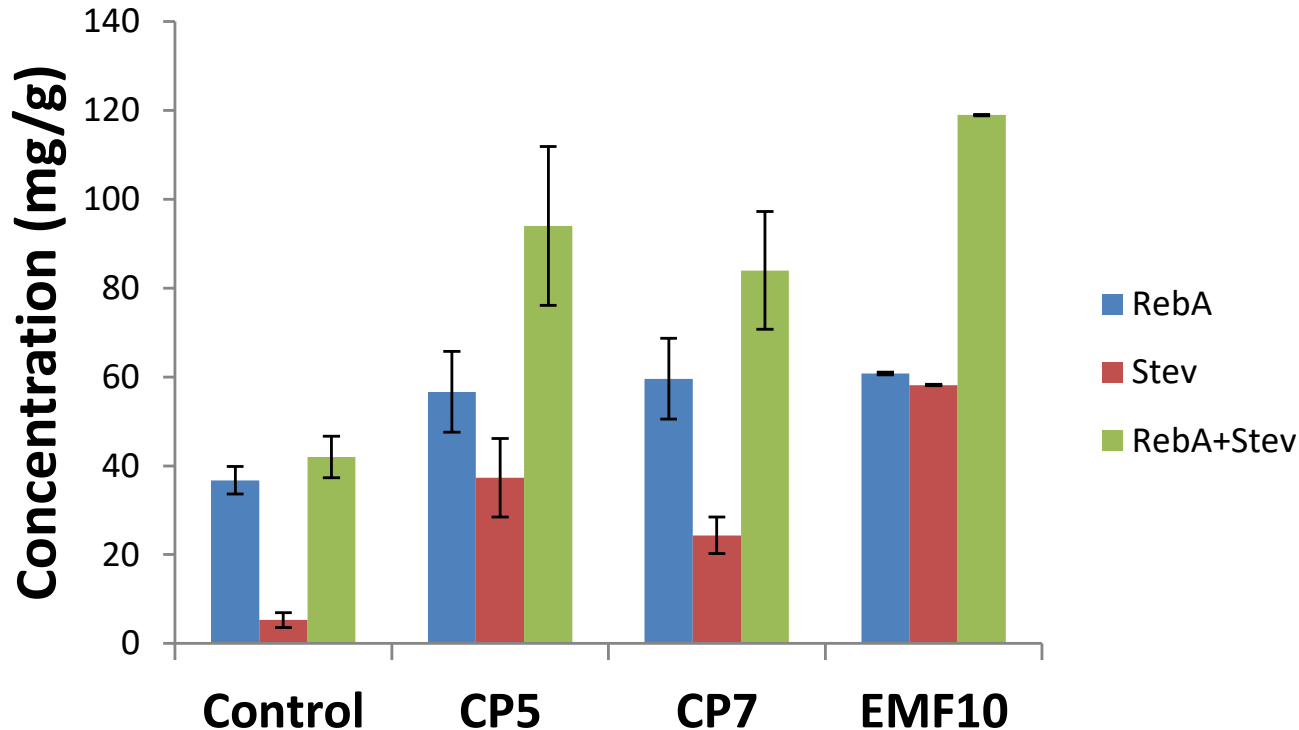
CP increased germination rate, yield and development of sprout roots



# CP (CC) effect on Stev and RebA

Pre-sowing seed treatment with CP induces **increase** in the amount of **steviol glycosides** in *S. rebaudiana* cultivar "**Criolla**" :

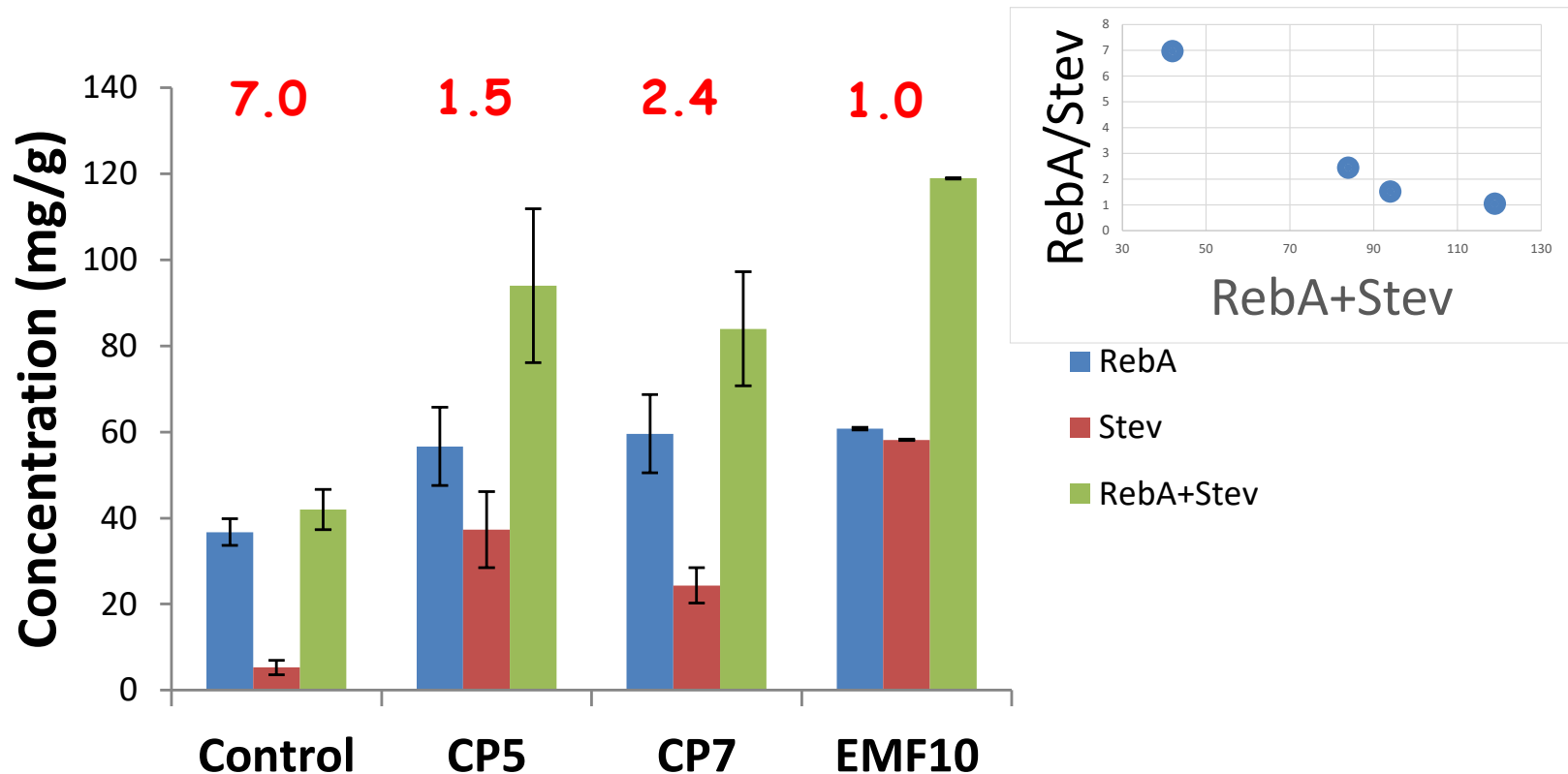
- **1.5-fold** increase in Reb A amount,
- up to **7-fold** increase in Stev amount (5min) ( and up to 11-fold in EMF10).
- however, CP decrease RebA/Stev ratio.



\* - all changes are statistically significant as compared to control,  $p < 0.05$

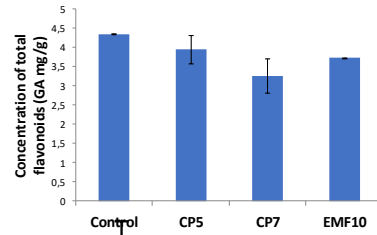
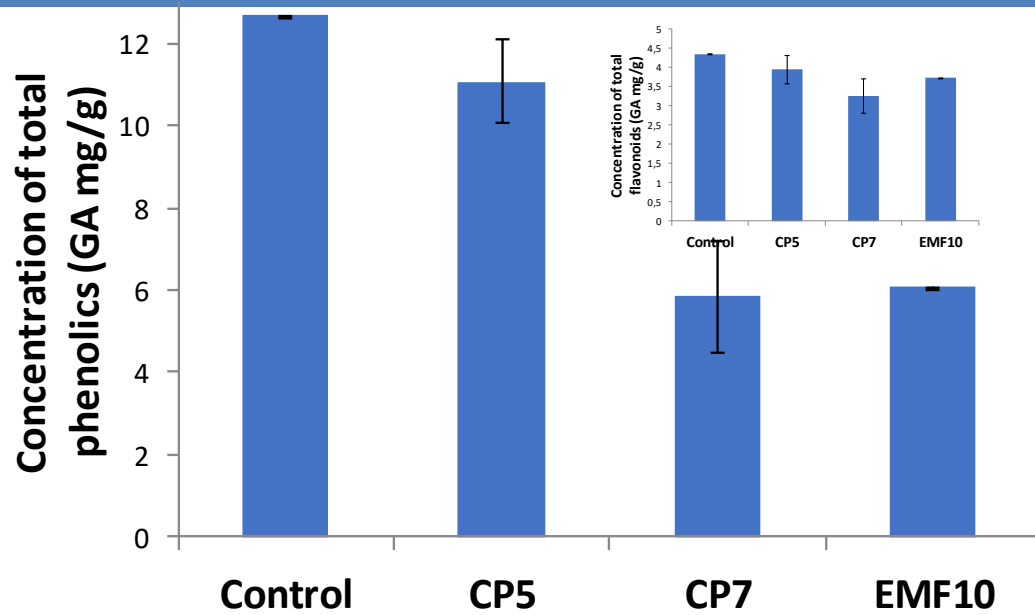
# CP (CC) effect on RebA/Stev ratio

RebA/Stev ratio is important for taste properties when the mixture of SGs is used as a sweetener: the higher the ratio, the better the taste. **1 to 1** ratio is already acceptable.

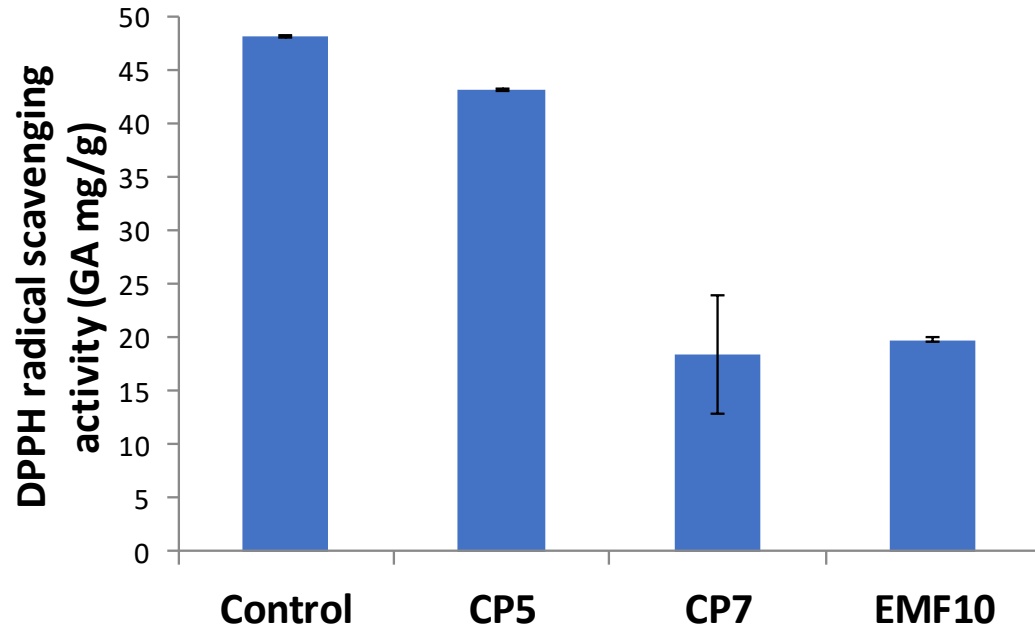


\* - all changes are statistically significant as compared to control,  $p < 0.05$

# CP and EMF effect on total phenolics, flavonoids and antioxidant activity



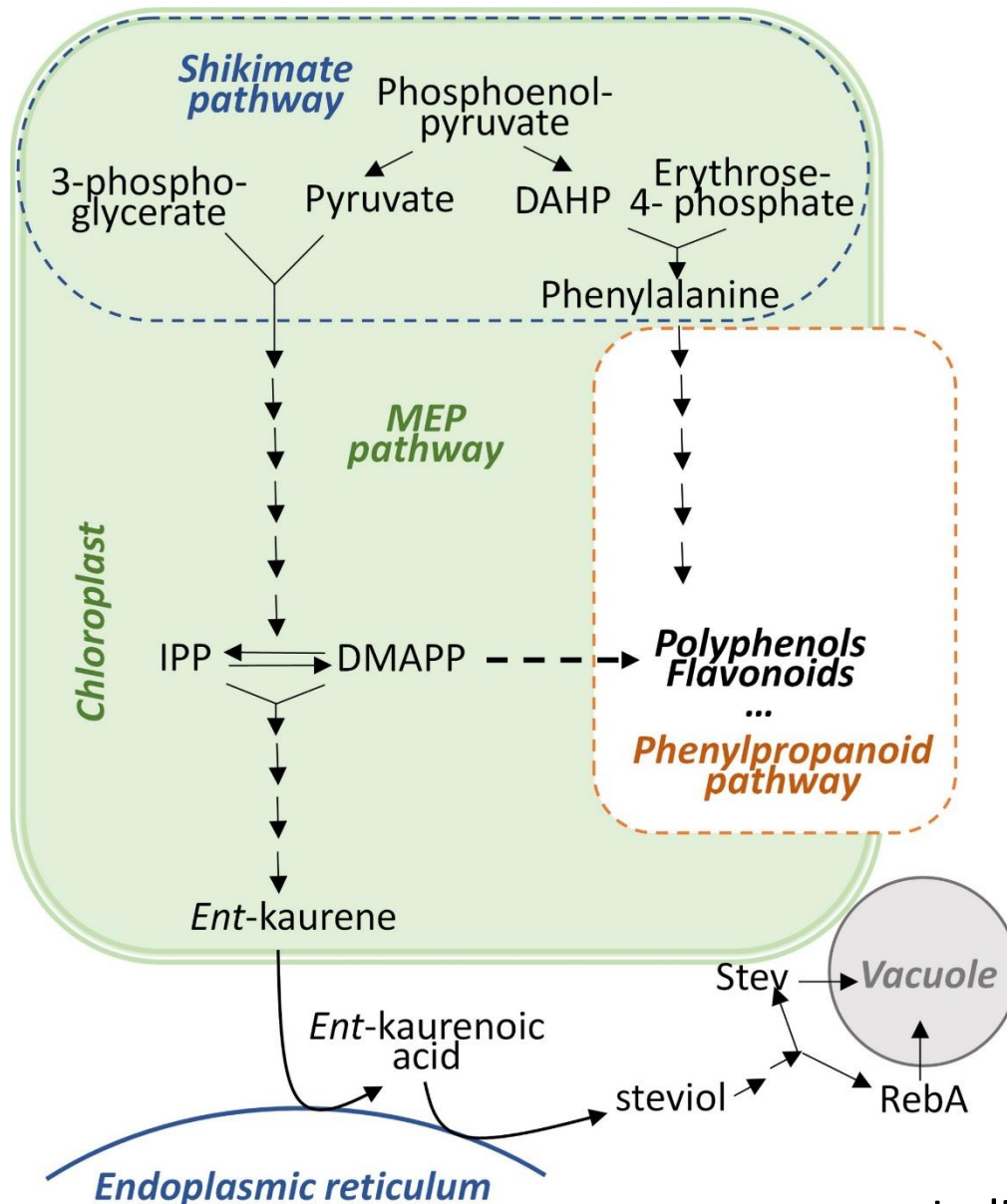
CP7 and EMF10 decreased total phenolics concentration 2.2 and 1.8-fold, respectively.



The amount of total phenolics strongly correlates with radical scavenging activity ( $R^2 = 0.9965$ ).

\* - all changes are statistically significant as compared to control,  $p < 0.05$

# Biosynthetic pathways of terpenoid and flavonoid/polyphenols



## Possible explanations of the opposite effects on biosynthesis of SGs and phenolics:

- Competition between MEP and phenylpropanoid pathways for the common precursor phosphoenolpyruvate
- DMAPP can be used for the synthesis of both flavonoids and terpenoids
- Certain transcription factors coordinate metabolic activities between the flavonoid and terpenoid biosynthetic pathways

DAHP, 3-deoxy-D-arabino-heptulosonate 7-phosphate; DMAPP, dimethylallyl diphosphate; MEP, methyl-erythritol phosphate.



# CP (CC) effects in *Stevia rebaudiana*

## *Stevia rebaudiana* 'Criolla'

### Stressors

Cold plasma (CP)  
5, 7 min

or

Electromagnetic field  
(EMF) 10 min

### Seeds



### Plants

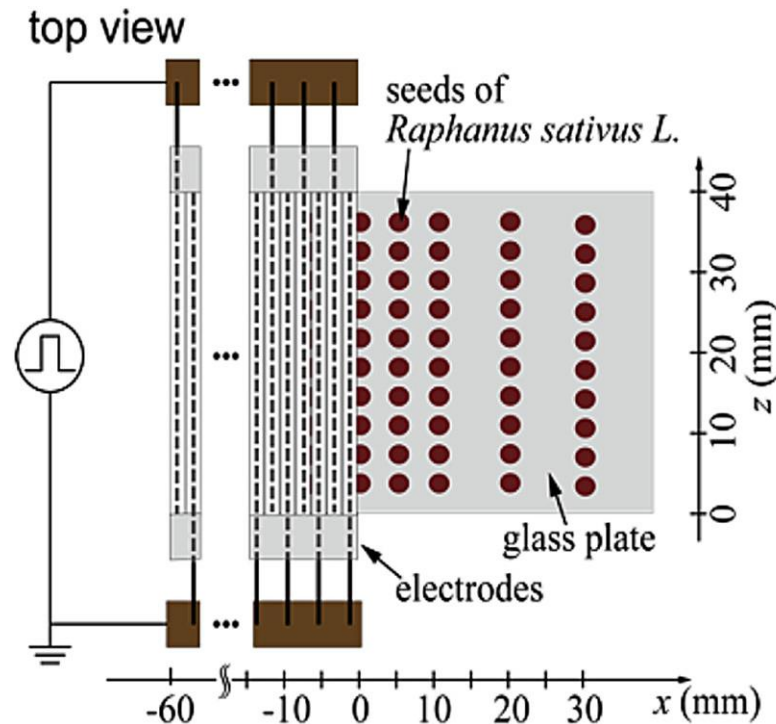
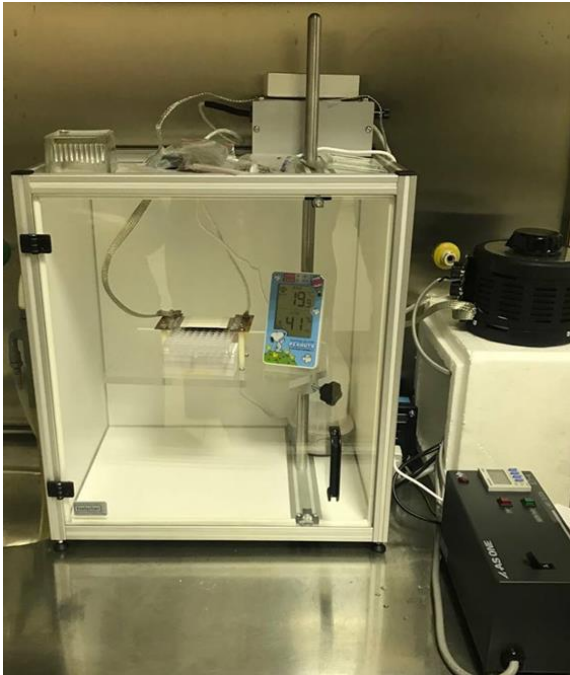
↑ Germination yield and rate  
↑ Production of rebaudioside A (RebA) and stevioside (Stev)

↓ Total phenolic, flavonoid content  
↓ Antioxidant activity  
↓ RebA/Stev ratio

## 2. CP (AP-DBD) equipment

### Experimental setup for seed treatment with CP (AP)

at Vytautas Magnus University, installed by prof. Shiratani M. and prof. Koga K. from Kyushu University, Japan.



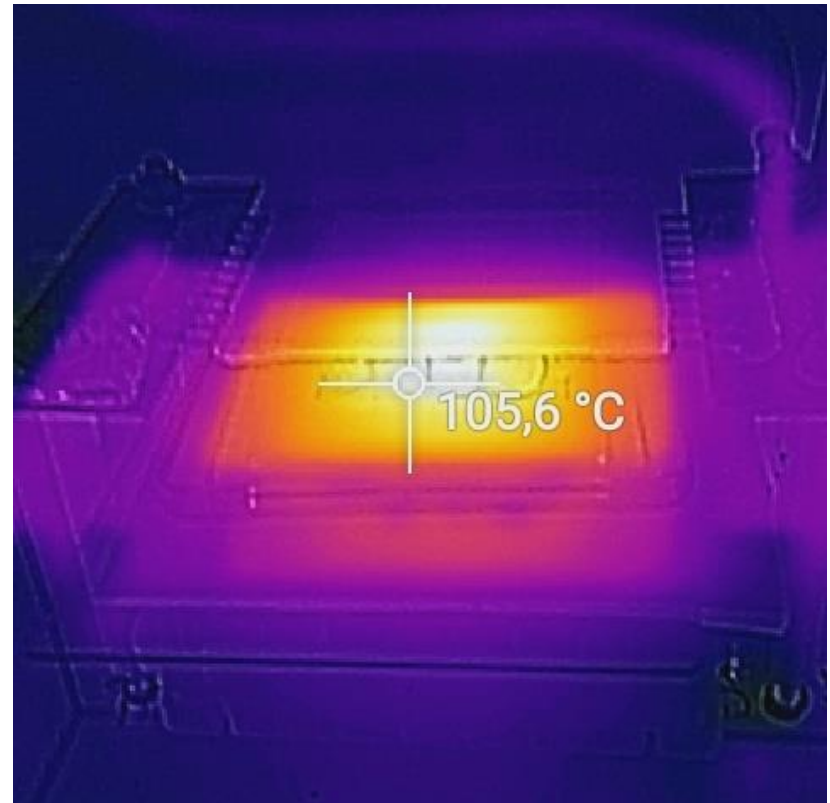
#### CP treatment:

- Discharge voltage – 9.2 kV
- Discharge current – 0.2 A
- Discharge power density - 1.49 W/cm<sup>2</sup>

#### *Dielectric-barrier discharge (DBD) plasma*

# CP (AP-DBD) equipment

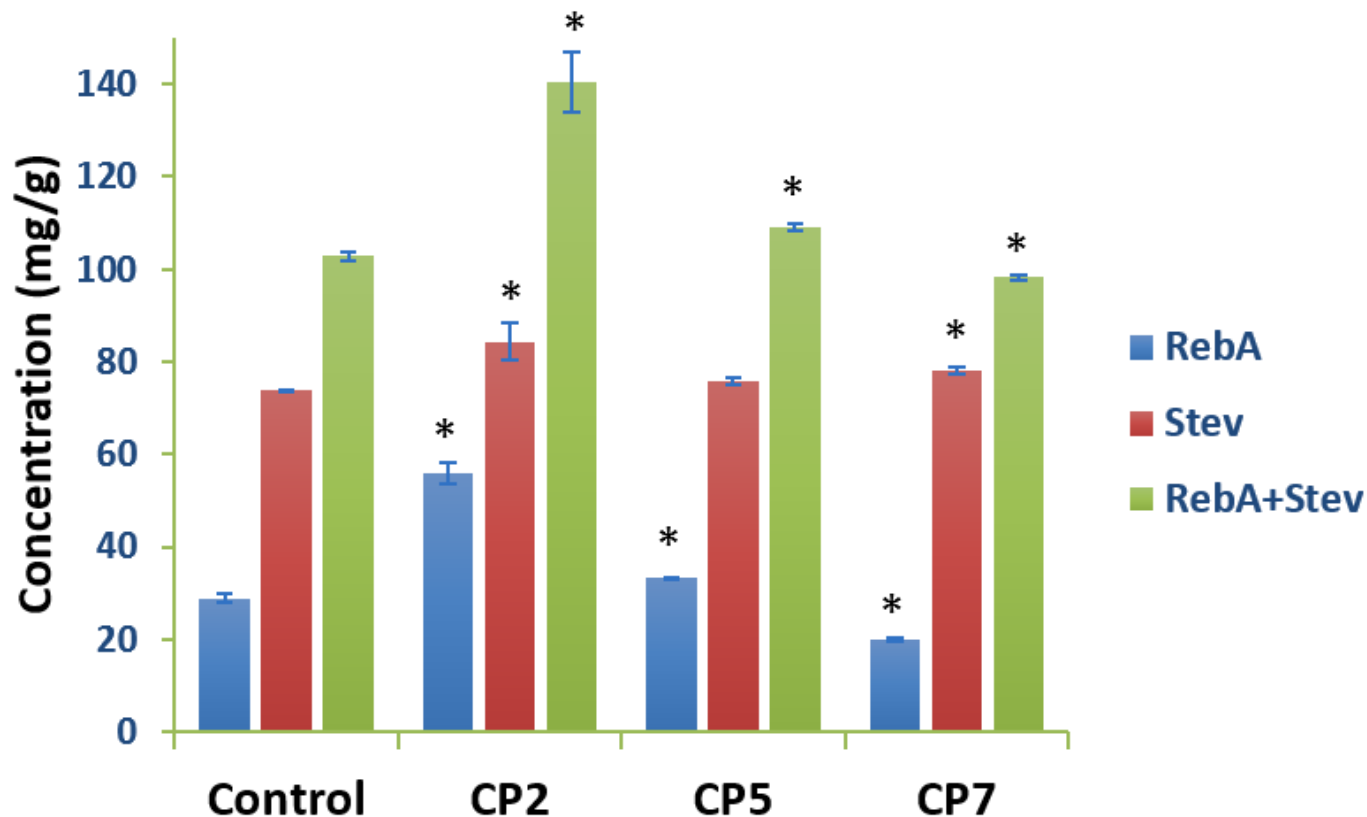
*Temperature of electrodes must be controlled by choosing optimal treatment-break mode.*



# CP (DBD) effect on Stev and RebA amount

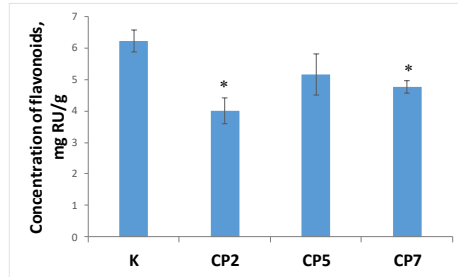
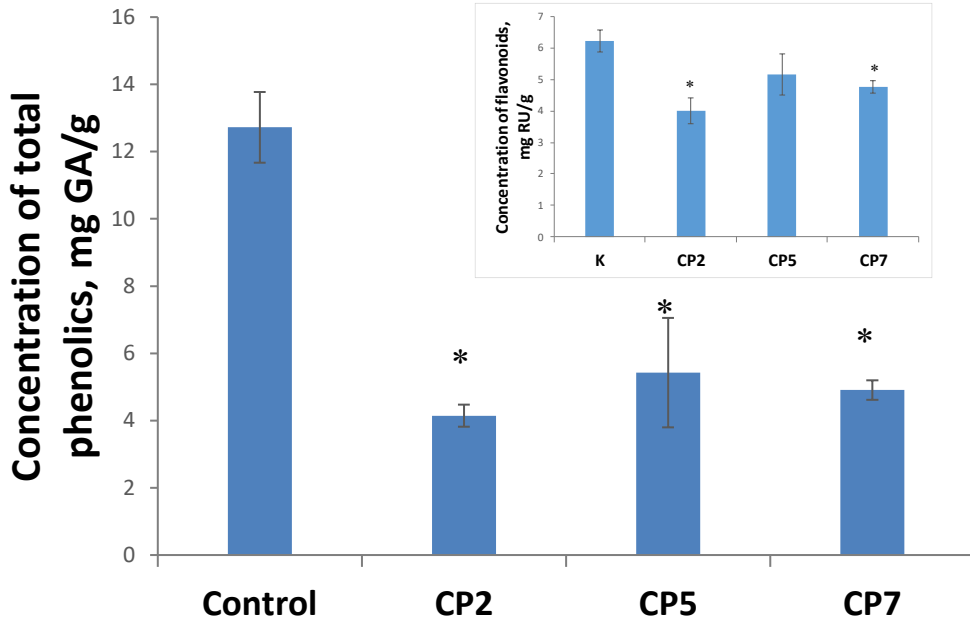
The optimal **2-min** pre-sowing seed treatment with CP (DBD) induces **increase** in the amount of **steviol glycosides** in *S. rebaudiana*:

- **2-fold** increase in rebaudioside A amount,
- **14%** increase in stevioside amount, **37%** increase in RebA+Stev amount.
- **1.7-fold** increase in RebA/Stev ratio.

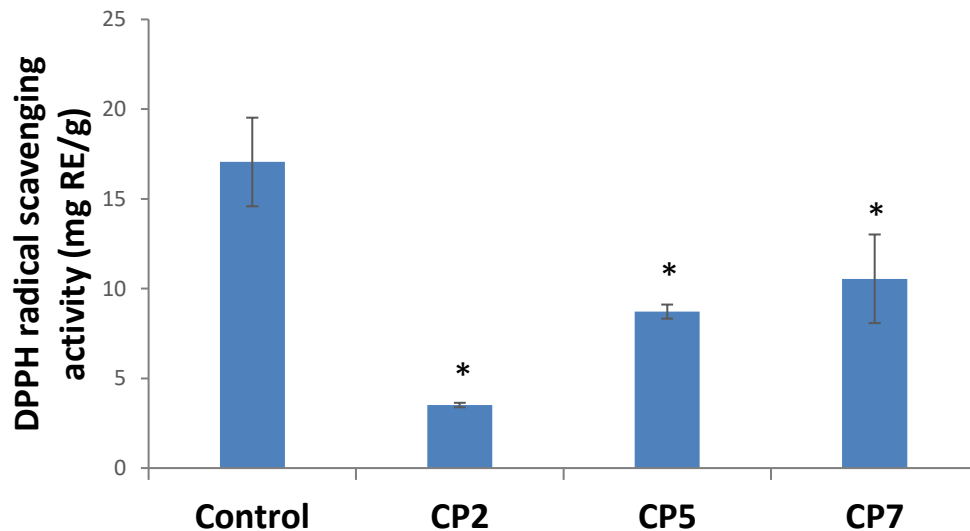




# CP (DBD) effect on total phenolics, flavonoids and antioxidant activity

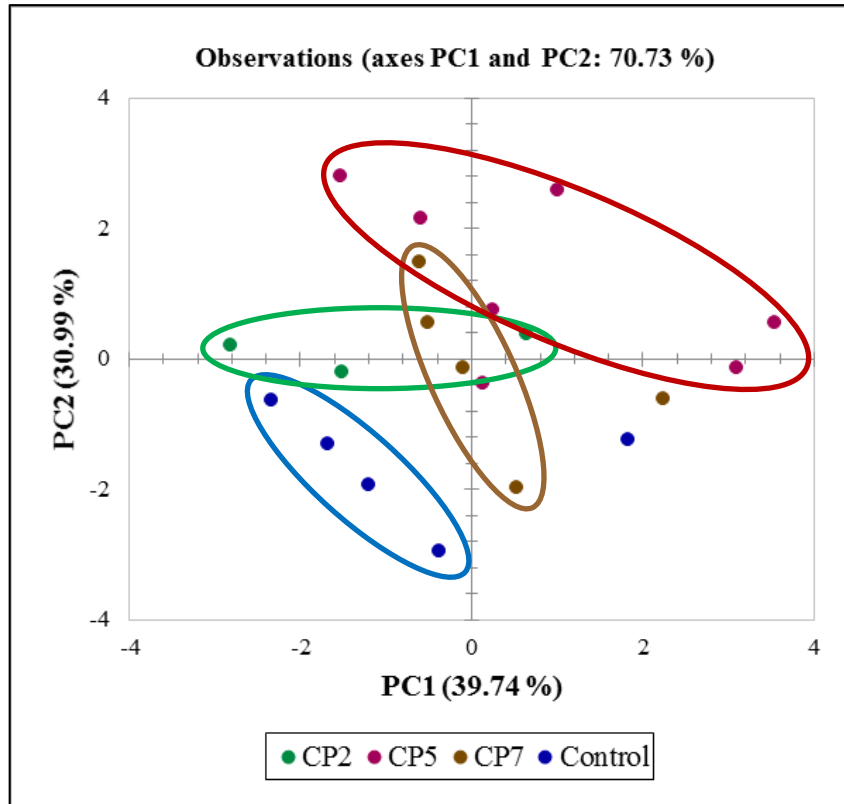


CP decreased total phenolics concentration 2.4-fold and it negatively correlates with increased Stev amount.

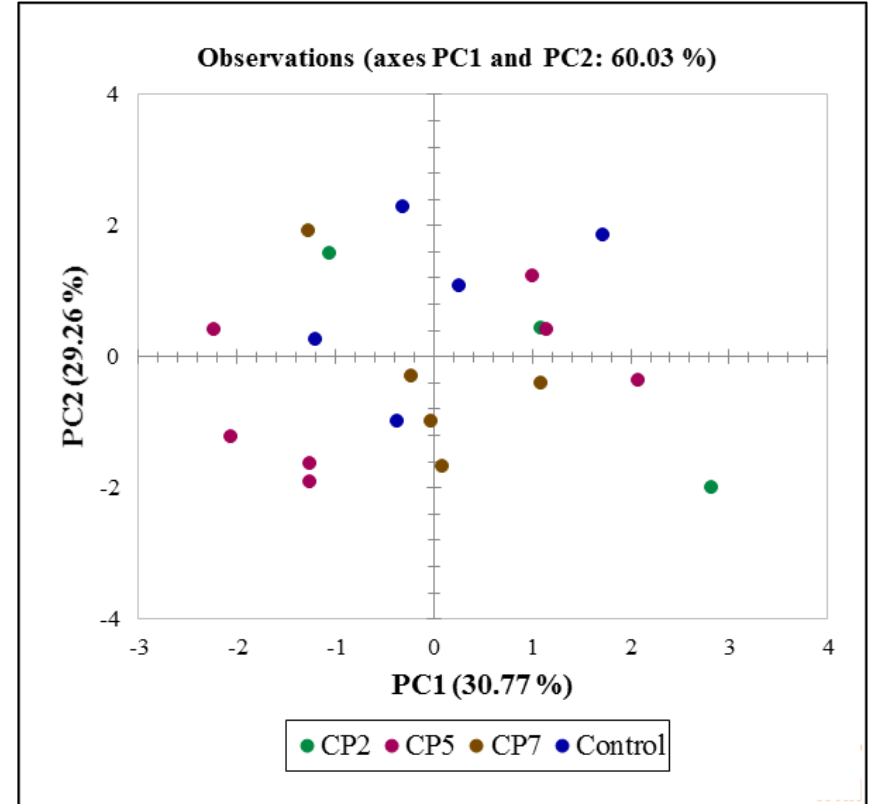


The amount of total phenolics correlates with radical scavenging activity.

# Principle component analysis



**Morphometric parameters** (dry leaf mass, the number of leaves, plant height) and the concentration of **RebA** and **Stev**,  
**RebA/Stev**

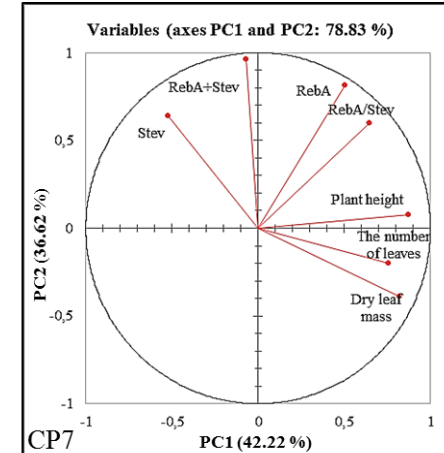
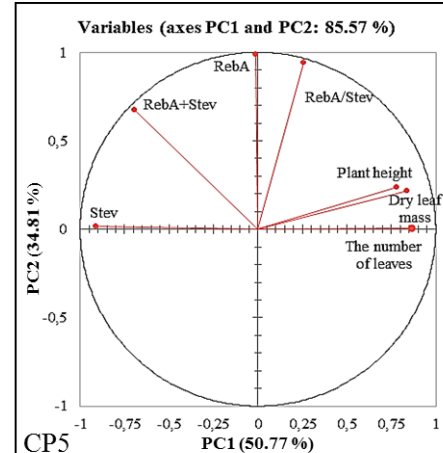
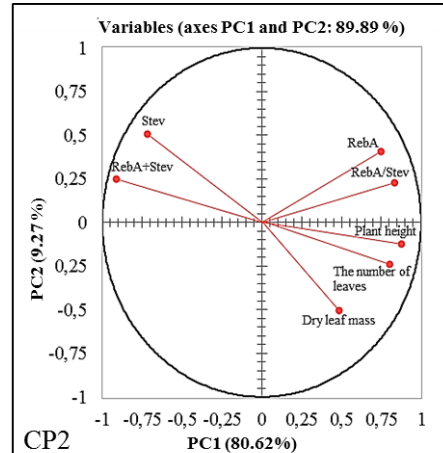
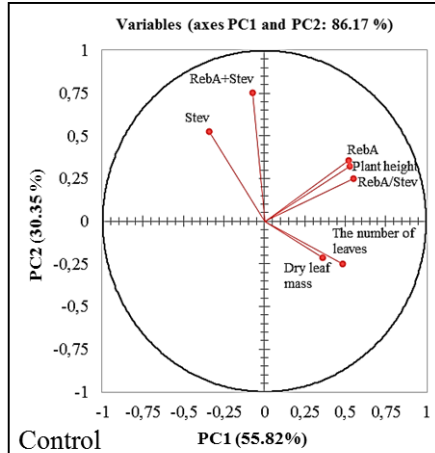


**Morphometric parameters** (dry leaf mass, the number of leaves, plant height) and biochemical variables (**TPC**, **TFC**, **AA**).

# Correlation circles

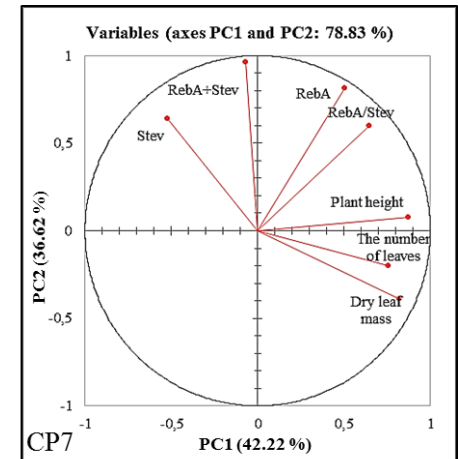
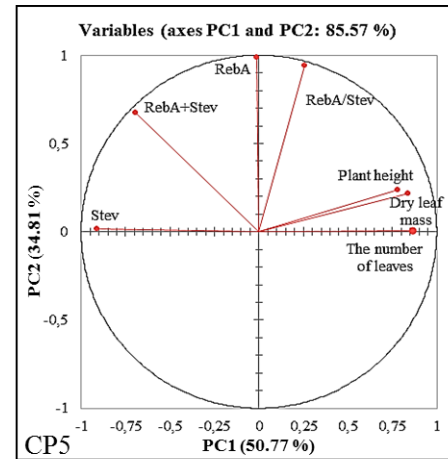
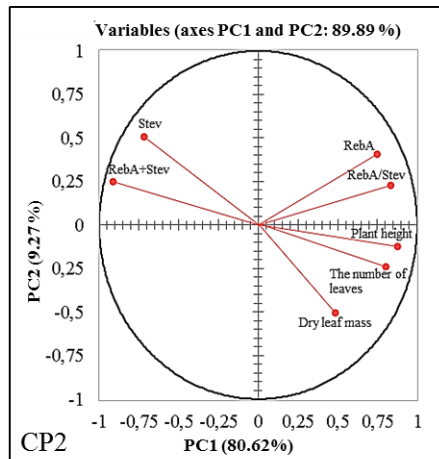
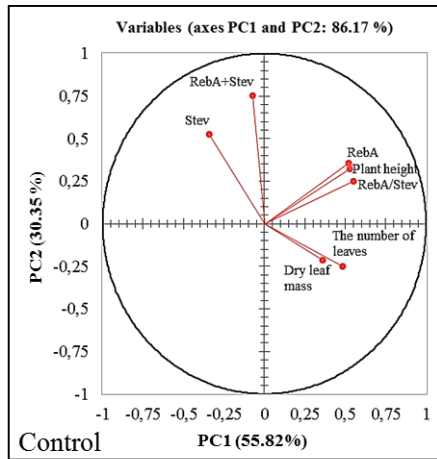
Each measured parameter was plotted against first two of the principal components (PC1 and PC2) and was shown as a vector, which signals the combined strength of the relationships between the variable and whether these associations are positive or negative:

- If they are pointing in **the same direction**, then they are **highly correlated**;
- If they are **orthogonal**, they are **unrelated**;
- If they are pointing in **opposite directions**, they are **negatively correlated**.



The correlation circles of the **morphometric parameters** (dry leaf mass, the number of leaves, plant height) and the concentration of **RebA** and **Stev**, **RebA/Stev**

# Correlation circles (morphometry&SGs)



The correlation circles of the **morphometric parameters** (dry leaf mass, the number of leaves, plant height) and the concentration of **RebA** and **Stev**, **RebA/Stev**

**Control**

strong positive correlation plant height-RebA, RebA/Stev

strong positive correlation number of leaves-leaf mass

**CP**

weaker positive correlation plant height-RebA, RebA/Stev

weaker positive correlation number of leaves-leaf mass

**CP2**

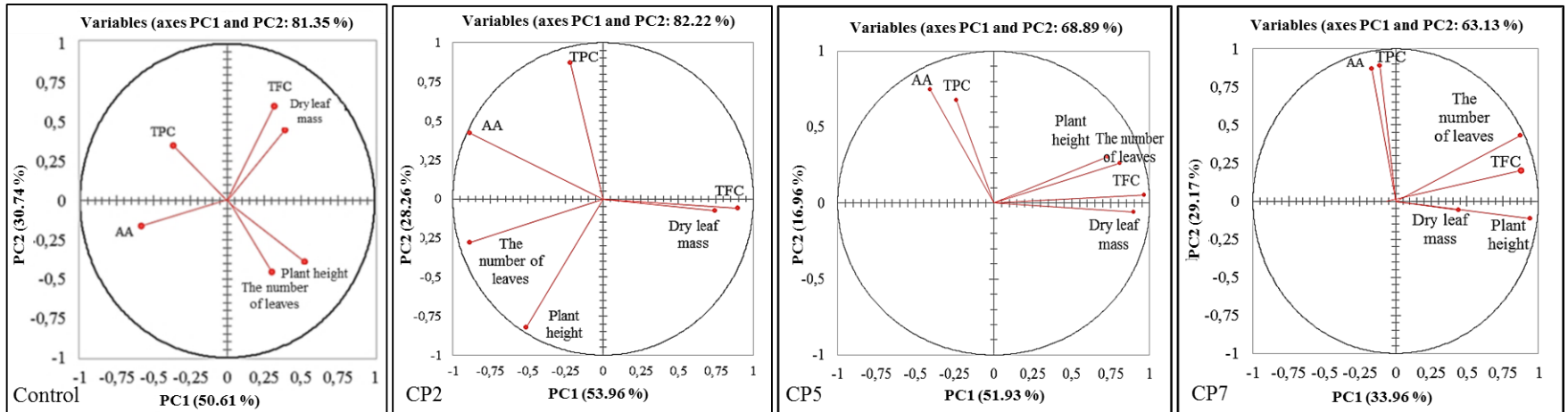
negative correlation plant height- RebA+Stev

**Not affected**

strong positive correlation RebA-RebA/Stev

strong opposite correlation leaf mass-Stev

# Correlation circles (morphometry&TPC, TFC, AA)



The correlation circles of the **morphometric parameters** (dry leaf mass, the number of leaves, plant height) and biochemical variables (**TPC, TFC, AA**).

**Control**

strong opposite correlation plant height&number of leaves-TPC

**CP5, CP7**

diminish the correlation plant height&number of leaves-TPC  
strong positive correlation TPC-AA

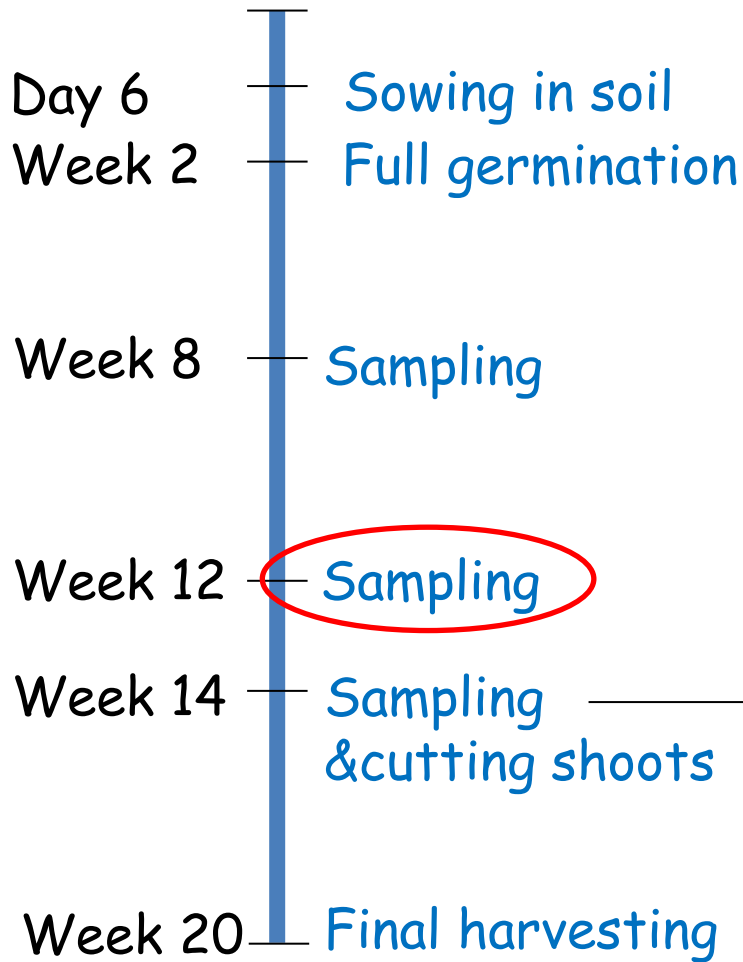
**Not affected**

strong positive correlation leaf mass-TFC

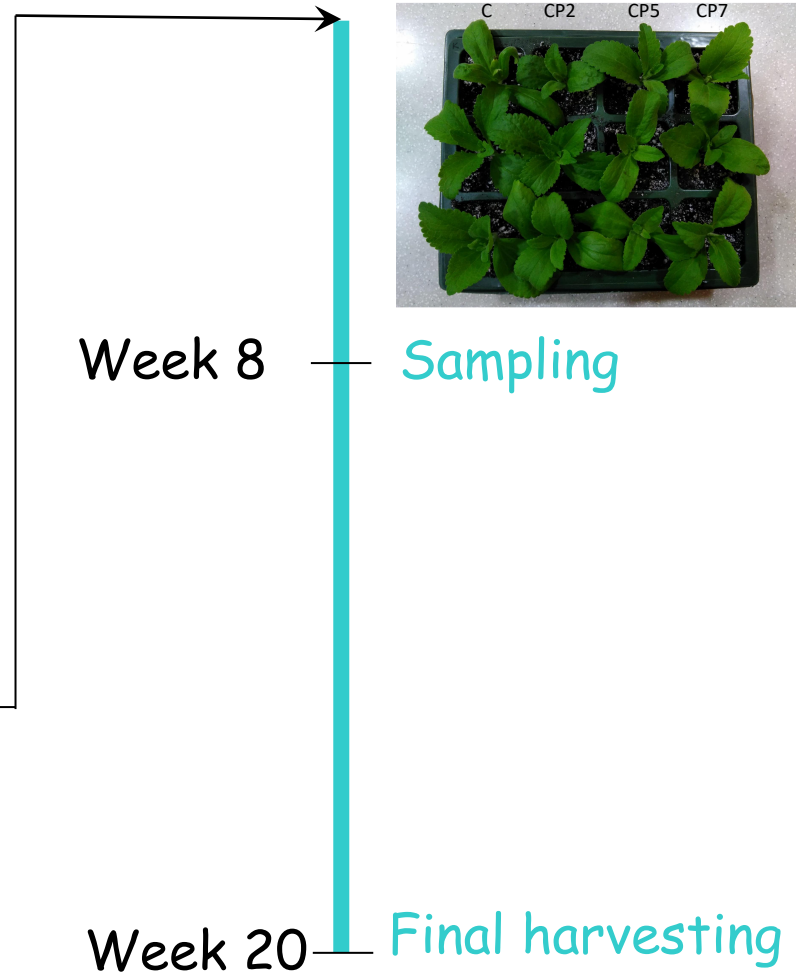


# 3-4. Experimental scheme of CP (DBD) effect kinetics study

## Seed treatment

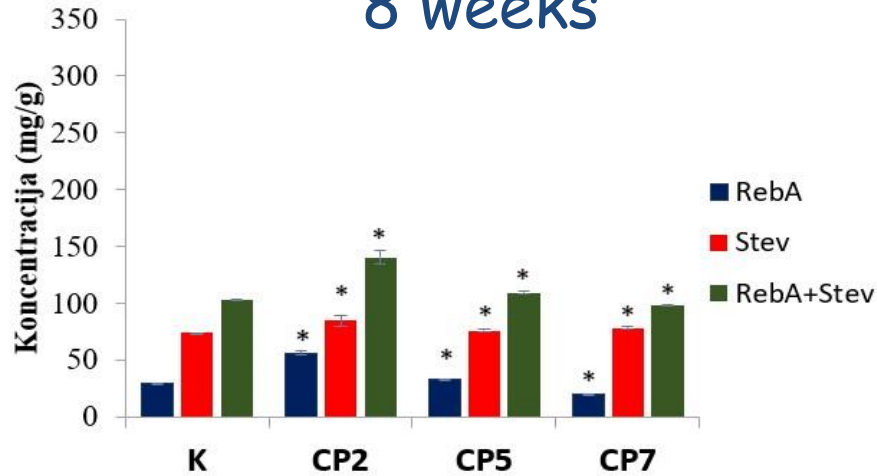


## Vegetative propagation

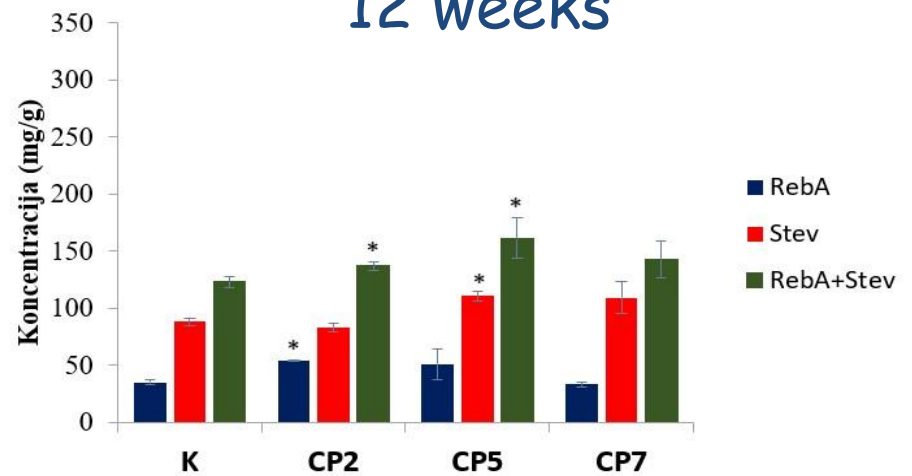


# CP (DBD) effect on SG concentration kinetics

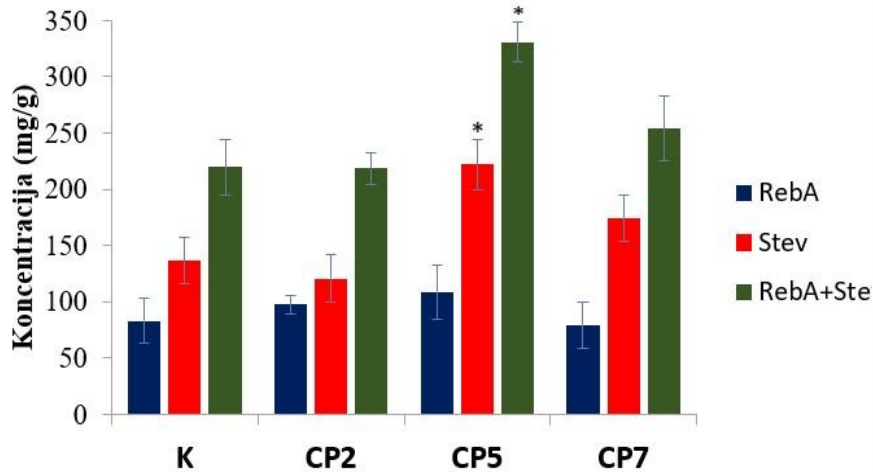
8 weeks



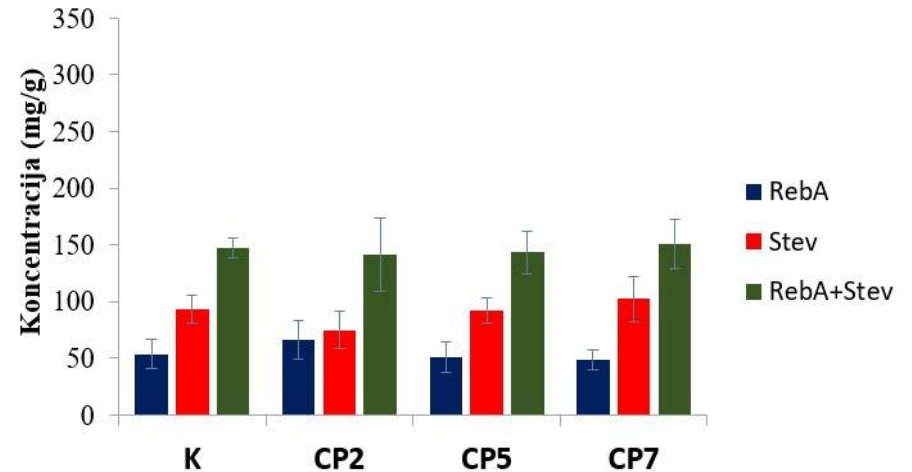
12 weeks



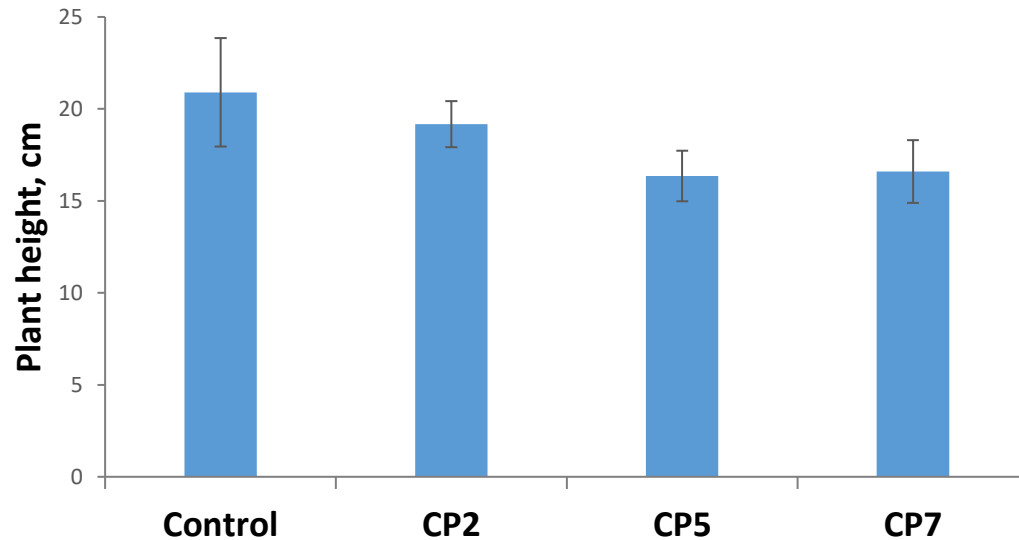
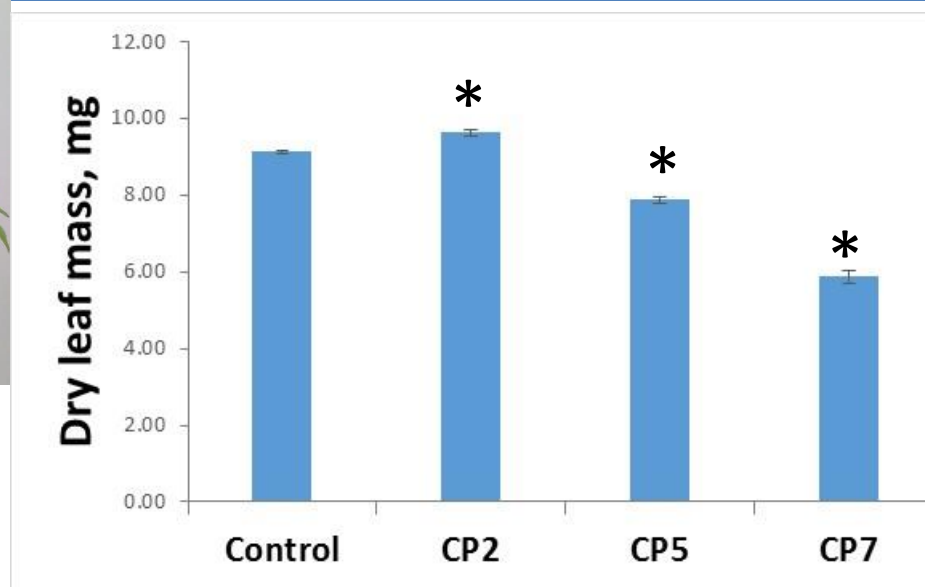
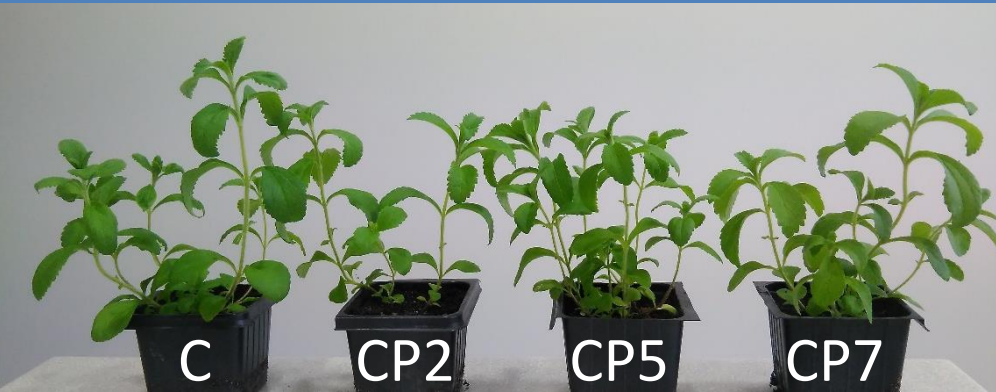
14 weeks



20 weeks



# CP (DBD) effect on stevia morphology (8 weeks)



No statistically significant difference in plant height after 8 and 12 week-growth, but leaf mass was slightly increased in CP2 and decreased in CP5 and CP7 groups

# Vegetatively propagated stevia





# Vegetatively propagated stevia (8 weeks)

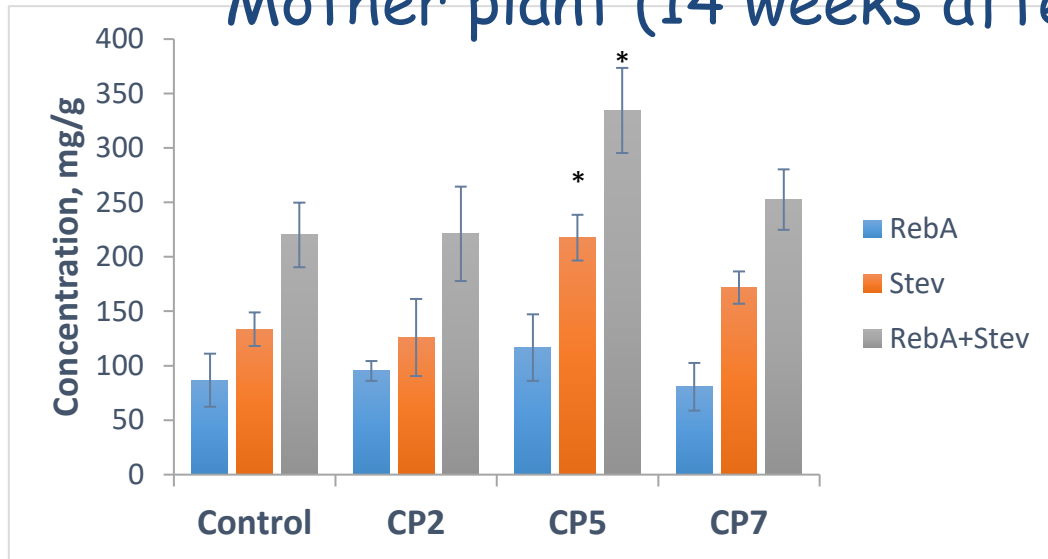


Too short day (light) time?  
Too late cutting time/ vegetation state?

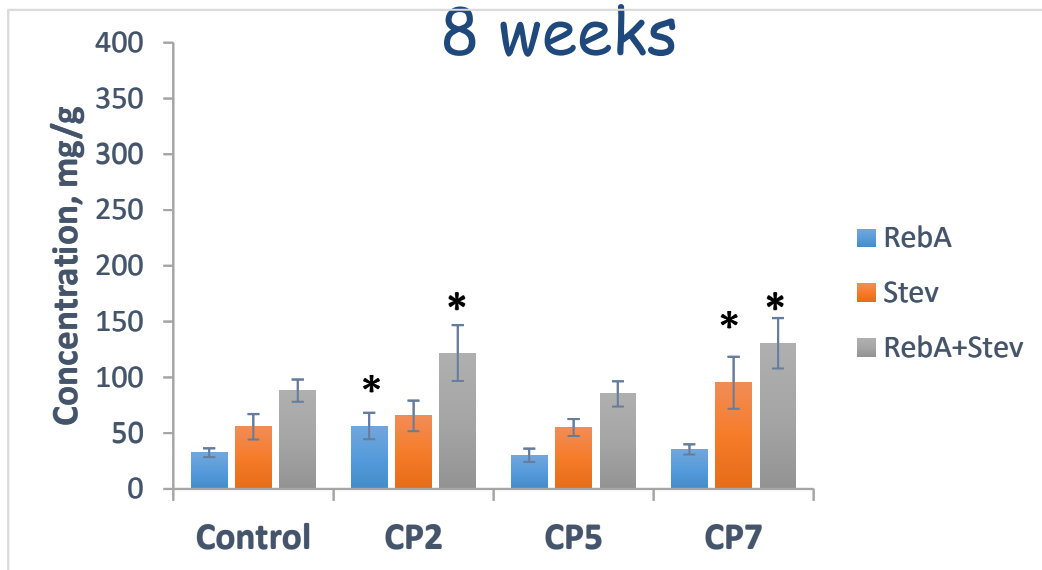


# CP (DBD) effect in vegetatively propagated stevia

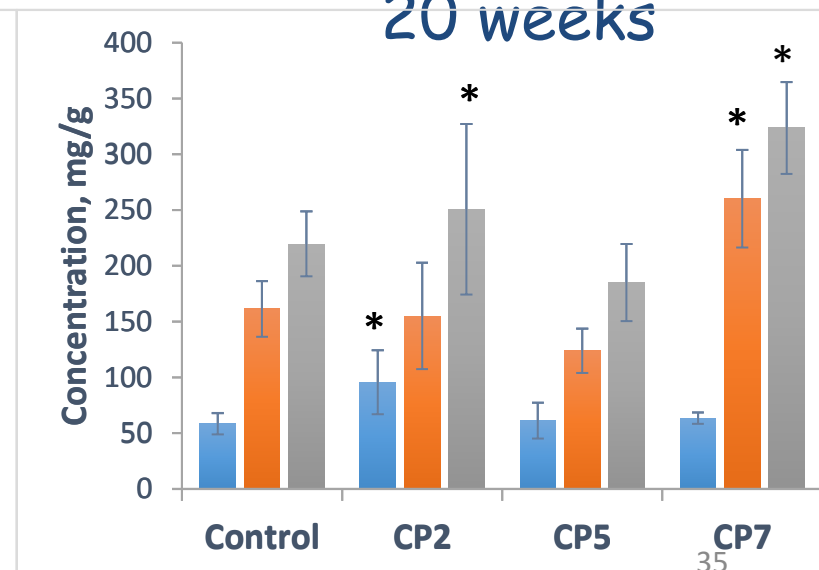
## Mother plant (14 weeks after sowing)



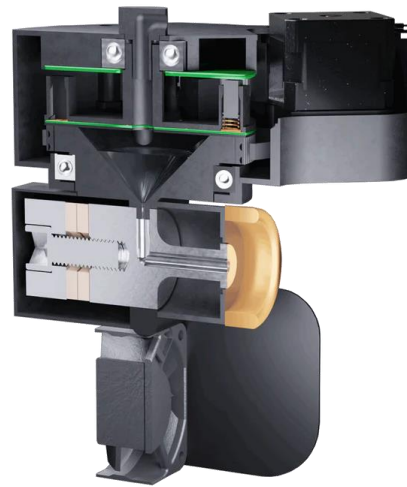
## 8 weeks



## 20 weeks



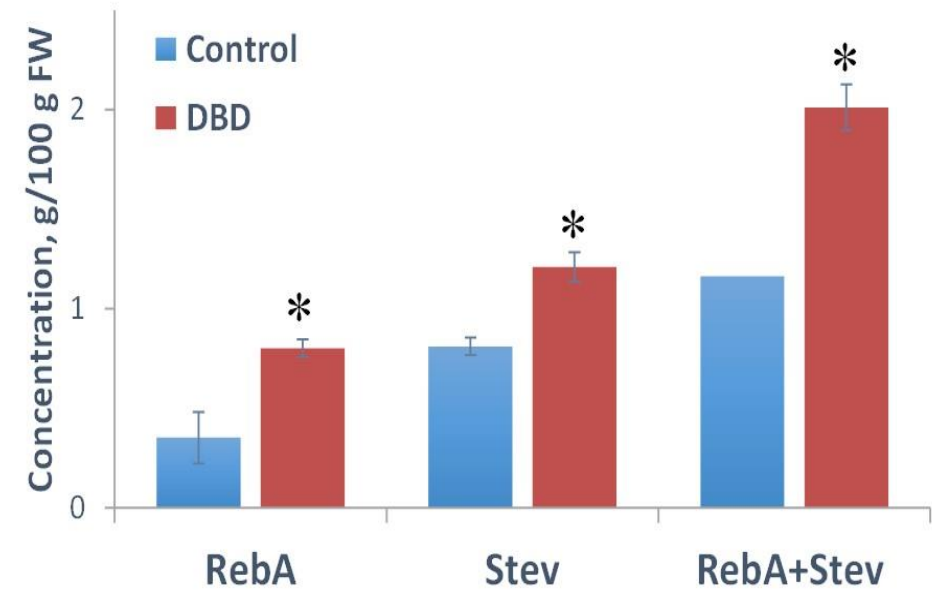
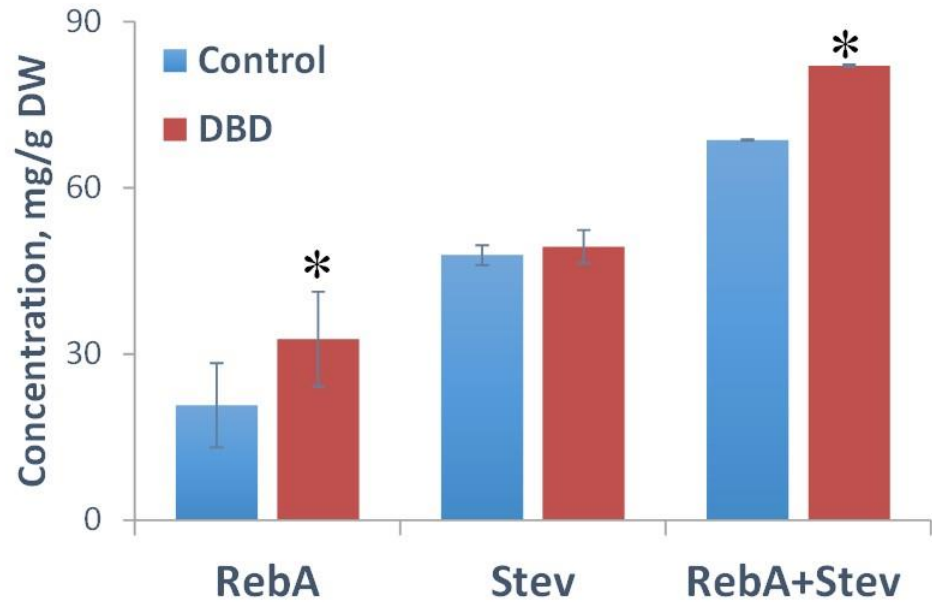
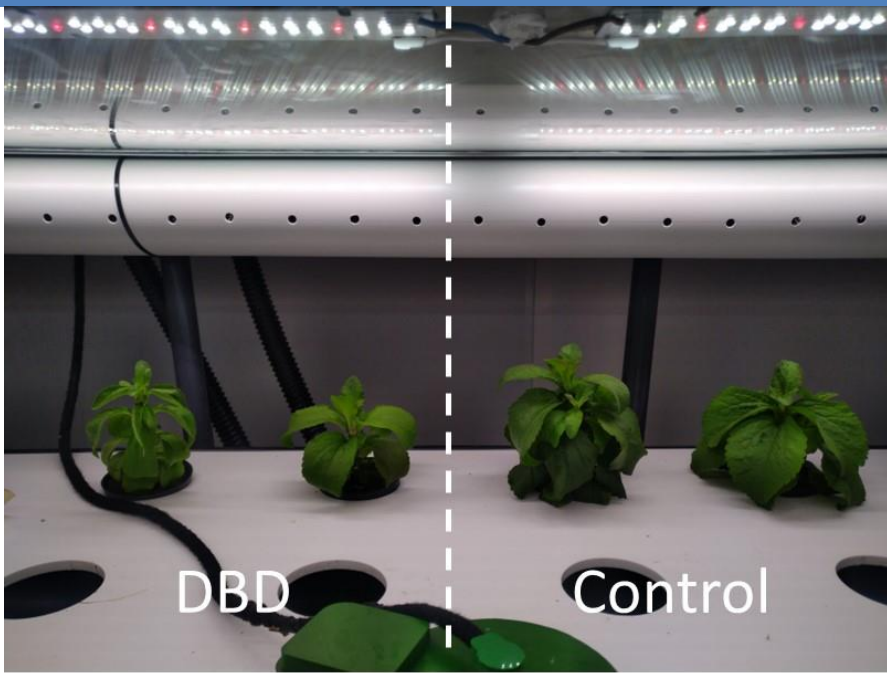
# 5. Aeroponics



## Baltic Freya

<https://balticfreya.com/>

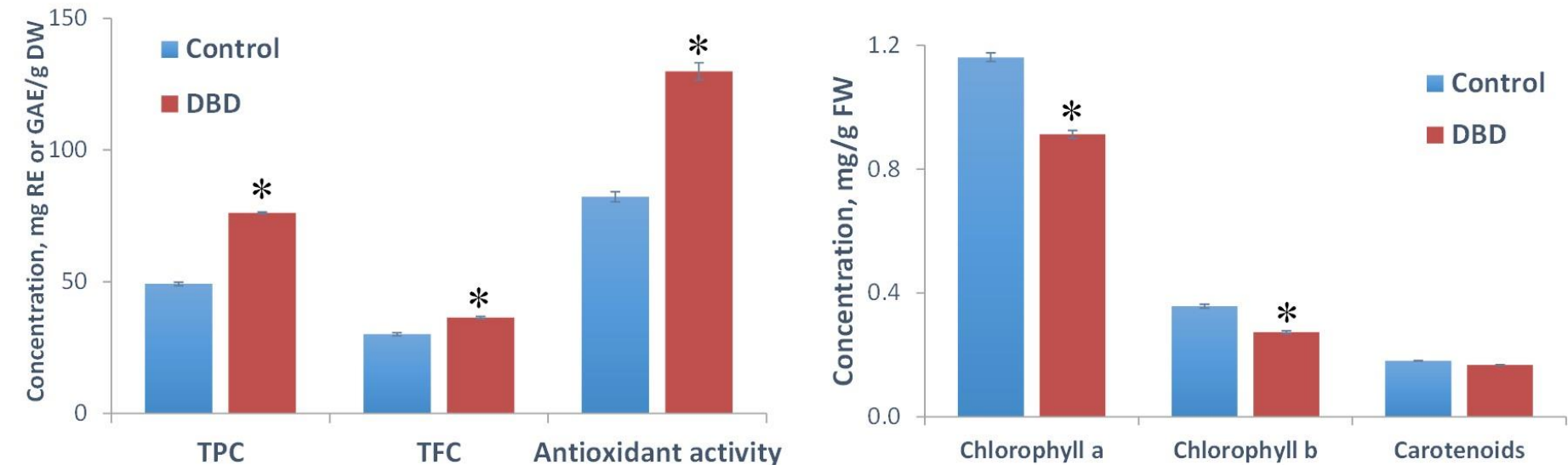
# DBD5+Aeroponics (pilot)



# DBD5 + Aeroponics (pilot)

Group	Length, cm		Fresh weight, g			Dry matter, %		
	Stem	Roots	Leaves	Stem	Roots	Leaves	Stem	Roots
<b>Control</b>	9.25±0.75	33.50±3.50	13.99±1.35	2.70±0.67	9.34±0.27	16.56±0.37	13.72±0.58	10.53±1.09
<b>DBD</b>	8.00±2.50	27.25±0.25*	5.83±0.71*	1.03±0.16*	1.57±0.30*	23.95±0.56*	17.97±1.33*	12.79±0.59*

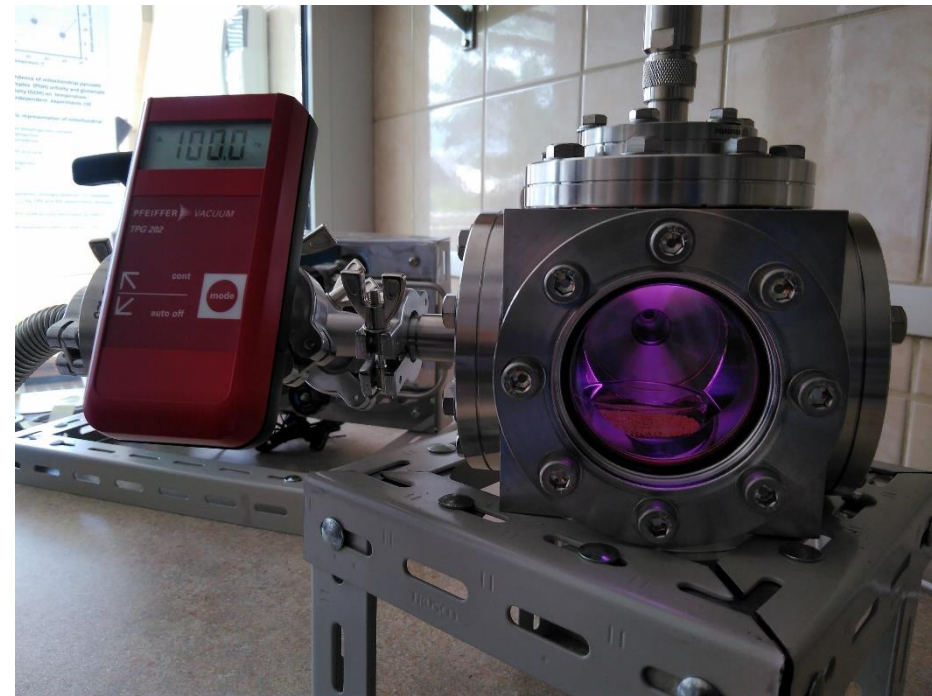
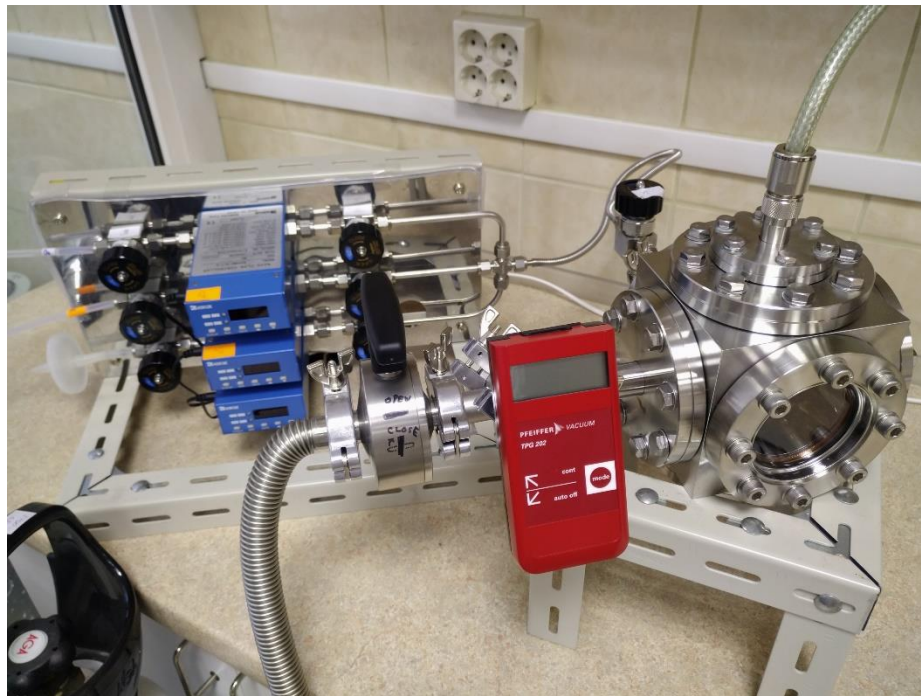
Although DBD treatment stimulated biosynthesis/accumulation of SGs per unit of dry or fresh leaf material, however, biomass growth was inhibited, plants were smaller, and SGs yield per plant or area unit was 35% lower.



# CP equipment

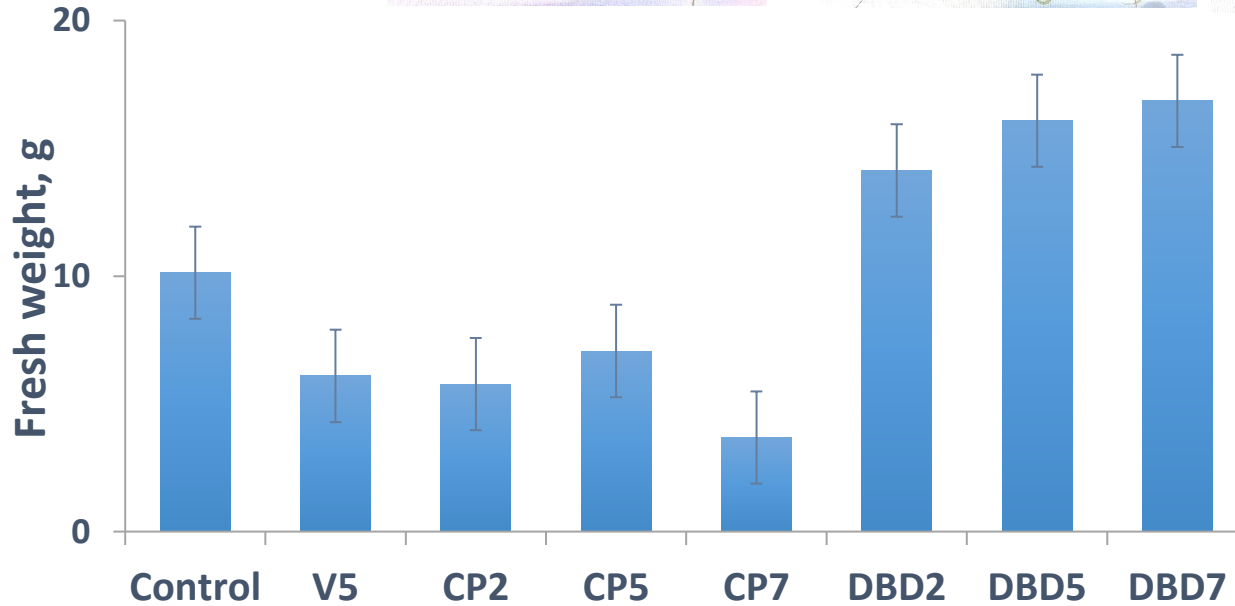
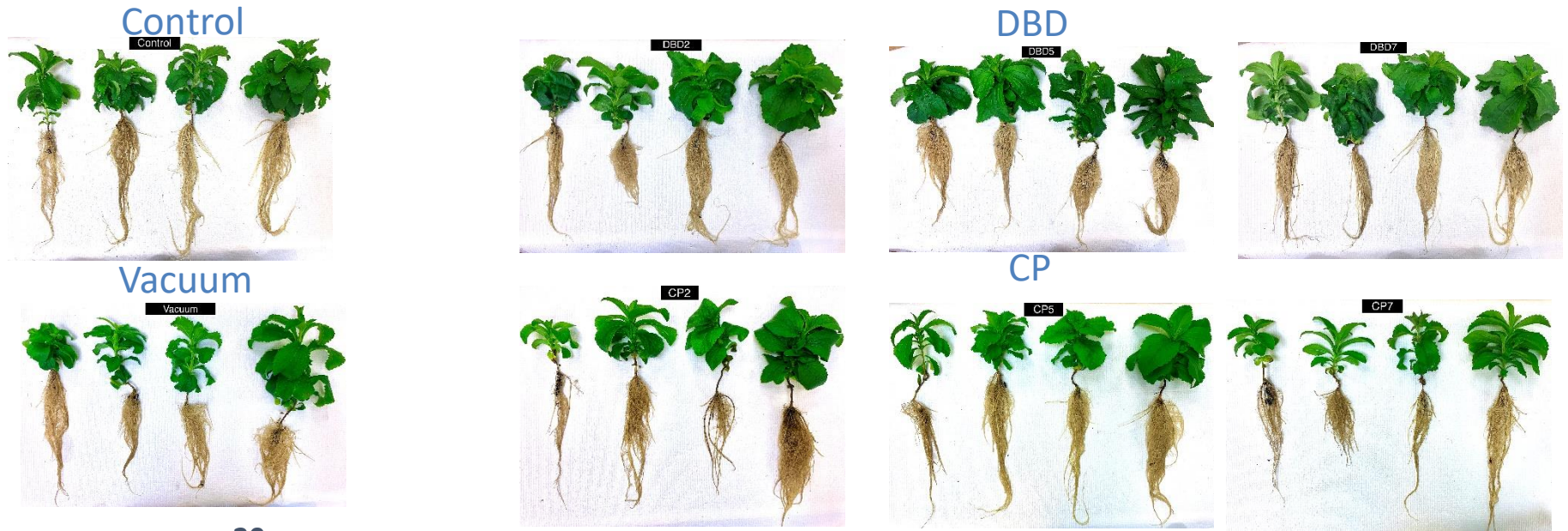
## Experimental setup for seed treatment with CP (LP CC)

at Vytautas Magnus University, installed by prof. Shiratani M. and prof. Koga K. from Kyushu University, Japan.



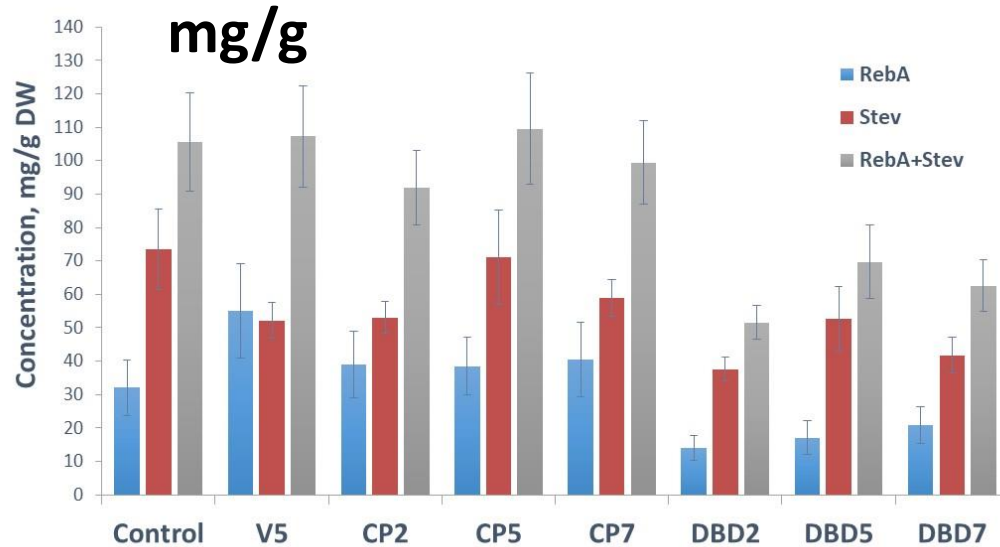


# DBD or CC + Aeroponics



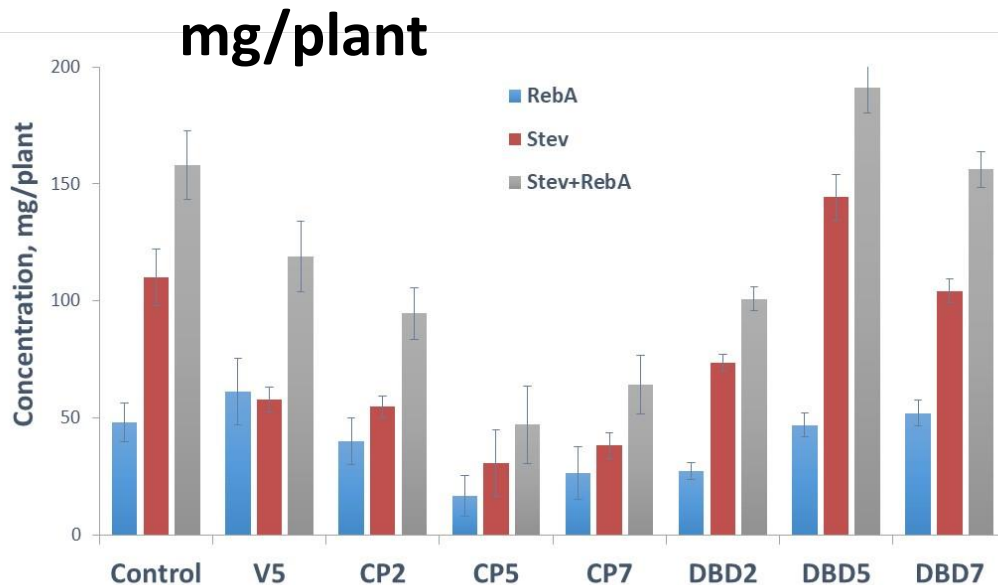


# DBD or CC + Aeroponics



## CC

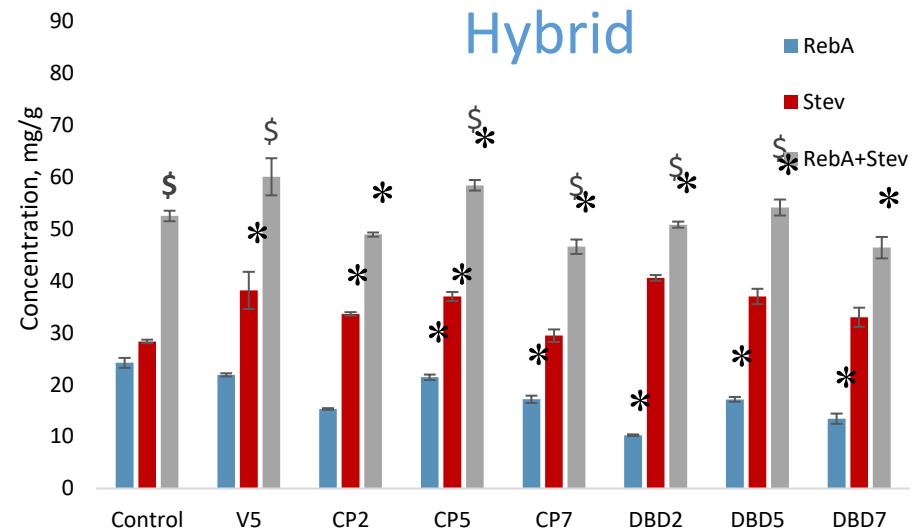
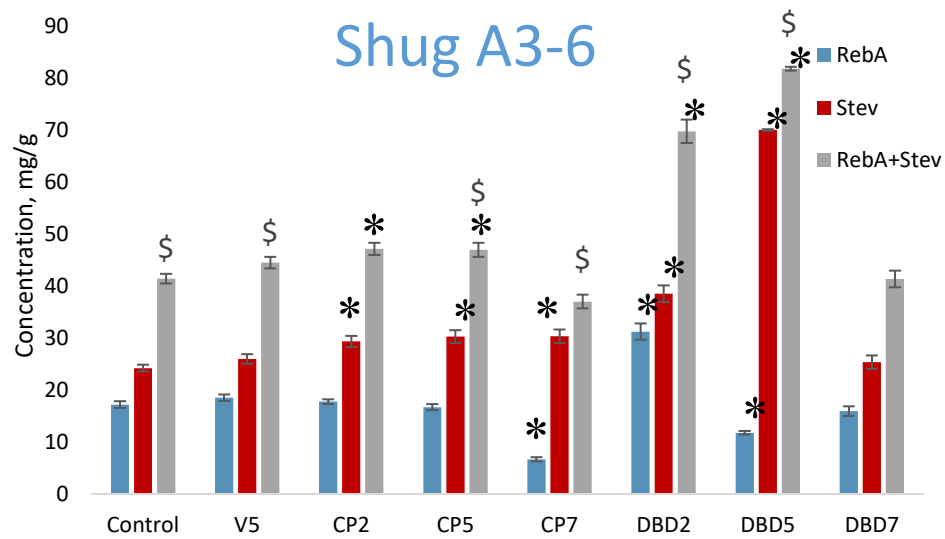
- decreased leaf DW by app. 30%
- didn't change RebA and Stev, but increased RebA/Stev ratio 0.43 (control) up to 0.71
- increased TPC (1.6-2.4-fold), TFC (40-55%) and AA (17-52%).



## DBD

- Increased leaf DW by 30-83%
- decreased SG concentration by 34-51%
- SGs amount per plant or area unit was 21% higher in DBD5
- decreased AA, didn't change TPC and increased TFC (20%)

# 2 cultivars + soil



# Conclusions from different experimental systems

- SGs were increased by seed treatment with low-pressure and DBD plasma.
- SGs were increased in different cultivars/cultigens.
- The effect was persistent at least for 14 weeks.
- More studies are required to evaluate the possibility of enhanced trait transfer by vegetative propagation by adjusting cutting time, growing conditions or cultivar selection.
- In older (3-year-old) seeds CP effects were weaker
- CP treatment combination with aeroponics does not stimulate SGs biosynthesis but increases TPC, TFC and antioxidant activity. However, CC inhibits the growth but increases the taste quality of SGs.

# Aknowledgements



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